

The Beast

ADVANCED

64 Count 4 Walls

Choreographed by: Rob Fowler

Choreographed to: Something
In The Water by The Cheap Seats**STREET WISE RUNNING MAN STEPS**

- 1 Jump feet shoulder width apart at diagonals (right foot forward, left foot back)
& Jump feet together hitching left knee
2 Jump feet shoulder width apart at diagonals (left foot forward, right foot back)
& Jump feet together hitching right knee
3 Jump feet apart
& Jump feet together (both feet on the floor)
4 Jump feet apart
& Jump feet together hitching left knee
5 Jump feet shoulder width apart at diagonals (left foot forward, right foot back)
& Jump feet together hitching right knee
6 Jump feet shoulder width apart at diagonals (right foot forward, left foot back)
7 Jump feet apart
& Jump feet together
8 Jump feet apart
& Jump feet together (weight on left foot)

KICK-BALL-CHANGE, KICK, TOUCH, TURN, BODY ROLL

- 9 Kick right foot forward
& Step in place with right foot
10 Step in place with left foot
11 Kick right foot forward
12 Touch right toe back
13 Turn 1/2 to the right on balls of both feet
14 - 15 Body roll up
16 Touch left next to right

LEFT VINE WITH 1/4 TURN, JUMPS, KICK-BALL-CHANGE, HIPS, JUMP BACK

- 17 Step left foot to left side
18 Cross right foot behind left foot
19 Step left foot to left side making a 1/4 turn left
& Jump forward on both feet
20 Jump forward on both feet
21 Kick right foot forward
& Step in place with right foot
22 Step in place with left foot
23 Push hips forward
& Jump back on both feet
24 Jump back with both feet

SNAKE ROLLS (LEFT, RIGHT), BACK-STOMP, LOOK, HEEL TAPS WITH 1/4 TURN

- 25 - 26 Snake roll to left side
27 - 28 Snake roll to right side
& Step back on left foot
29 Step right foot forward
30 Look over left shoulder (face 1/4 left do not turn yet)
31 Tap heels (raise off the ground and drop)
& Tap heels make 1/8 turn to the left (these two steps bring your body
32 Tap heels make 1/8 turn to the left round to face same way as head)

HITCH, SLIDE, HITCH, SLIDE, TOUCH, SWEEP, TURN, HIPS

- 33 Hitch right knee across left leg
& Step right foot out to right side
34 Slide left foot up to meet right (weight ends on left)
35 Hitch right knee across left leg
& Step right foot out to right side

36 Slide left foot up to meet right (weight ends on left)
37 Point right toe forward
& 38 Sweep foot round behind left
39 Unwind 1/2 turn to the right
& Push hips left
40 Push hips right

HITCH, SLIDE, HITCH, SLIDE, TOUCH, SWEEP, TURN, HIPS

41 Hitch left knee across right leg
& Step left foot out to left side
42 Slide right foot up to meet left (weight ends on right)
43 Hitch left knee across right leg
& Step left foot out to left side
44 Slide right foot up to meet left (weight ends on right)
45 Point left toe forward
& 46 Sweep foot round behind right
47 Unwind 1/2 turn to the left
& Push hips right
48 Push hips left

ROCK STEPS, TURN, TRAVELLING PIGEON TOES

49 Rock forward on right foot
& Rock weight back to left foot
50 Rock back on right foot
& Rock weight back onto left foot
51 Step right together making 1/4 to the left
& Swivel heels to the right
52 Swivel heels to center
53 Swivel left toe to left, swivel right heels to left
54 Swivel left heels to left, swivel right toes to left
55 Swivel left toe to left, swivel right heels to left
& Swivel left heels to left, swivel right toes to left
56 Swivel left toes to left, swivel right heels to left

JUMPING JACKS, PADDLE TURNS

57 Jump feet shoulder width apart
& Jump feet together
58 Jump feet shoulder width apart
& Jump feet together making a 1/2 to the left
59 Jump feet shoulder width apart
& Jump feet together
60 Jump feet shoulder width apart
& Jump feet together, hitching right knee
61 Push right toe out to right side making 1/8 turn left
& Hitch right knee
62 Push right toe out to right side making 1/8 turn left
& Hitch right knee
63 Push right toe out to right side making 1/8 turn left
& Hitch right knee
64 Push right toe out to right side making 1/8 turn left

REPEAT