

Beautiful Nightmare

32 Count, 4 Wall, Improver

Choreographer: Carl Johnston & Janie Pitser
Choreographed to: Sweet Dreams by Beyonce,
CD: I Am... Sasha Fierce

Intro: 32

SIDE SHUFFLE RIGHT, ROCK RECOVER, SHUFFLE FORWARD, TURN ¼ LEFT

1&2 Chassé side right-left-right
3-4 Rock left back, recover to right
5&6 Chassé forward left-right-left
7-8 Step right forward, turn ¼ left (weight to left)

SYNCPATED WEAVE RIGHT, SHUFFLE LEFT, ¼ SAILOR STEP TO RIGHT

1-2 Cross right over left, step left to side
3&4 Behind-side-cross right-left-right
5&6 Chassé side left-right-left
7&8 Right sailor step turning ¼ right

HIP BUMPS LEFT AND RIGHT, ROCK RECOVER, ½ TURNING LEFT SHUFFLE

1&2 Hip left, hip right, hip left
3&4 Hip right, hip left, hip right
5-6 Rock left forward, recover to right
7&8 Chassé back left-right-left turning ½ left

¼ KICK-BALL-CHANGE, KICK-BALL-CHANGE, SIDE TOUCHES, WEAVE TO RIGHT

1&2 Turn ¼ left and kick right forward, step right together, step left together
3&4 Right kick ball change
5&6 Touch right to side, step right together, touch left to side
7&8 Behind-side-cross left-right-left