

Intro: 32 counts from the beginning (on the word 'knife').

1 - 8 Step side, cross rock, recover, step side, crossing shuffle, hold

1 - 4 R step side, L fwd cross rock step, recover R, L step side

5 - 8 R fwd cross step, L step side, R fwd cross step, hold

9 - 16 Step side, back cross rock, recover, step side, behind, 1/4 turn R step fwd, hold

1 - 4 L step side, R back cross step, recover L, R step side

5 - 8 L back cross step, 1/4 turn R stepping R fwd, L step fwd, hold (3:00)

17 - 24 Walk back R L R L, lunge 1/4 turn R, hold, recover 1/4 turn L, hold

1 - 4 R step back, L step back, R step back, L step back

5 - 8 1/4 turn R lunging R fwd, hold, recover L turning 1/4 L, hold

(optional hand movements: step 5 extend right hand forward palm up, step 7 bring right hand across chest over your heart)

25 - 32 Hip walks fwd R, L, R, L

1 - 4 R step fwd rolling hips R, weight R, L step fwd rolling hips L, weight L

5 - 8 R step fwd rolling hips R, weight R, L step fwd rolling hips L, weight L **

(optional in place of hip walks: slow toe/heel struts fwd R, L, R, L)

33 - 40 Cross step, back, side rock, recover, R sailor, hold

1 - 4 R fwd cross step, L step back, R side rock step, recover L

5 - 8 R back cross step, L step L side, R step R side, hold *

41 - 48 L sailor, hold, fwd rock, recover, 1/2 turn R stepping fwd, hold

1 - 4 L back cross step, R step R side, L step L side, hold

5 - 8 R fwd rock step, recover L, 1/2 turn R stepping R fwd, hold (9:00)

49 - 56 Side rock, recover, crossing shuffle, step side, touch L, hold

1 - 4 L side rock step, recover R, L fwd cross step, R step R side

5 - 8 L fwd cross step, R step side, touch L next to R, hold

57 - 64 Step side pointing R, step side pointing L, long step side, touch R, hold

1 - 4 L step side facing R fwd diag., point R toe to R fwd diag., R step side facing L fwd diag., point L toe to L fwd diag.

5 - 8 L long step side squaring to wall, drag R toward L, touch R next to L, hold

Restarts: *Wall 3--starts at 6:00, dance 40 steps (after R sailor), replacing step 40 (hold) with --step the ball of L next to R, restart 9:00

****Wall 7--starts 12:00, dance 32 steps (after hip walks), restart 3:00**

Ending: Wall 9--starts 12:00, dance 32 steps, pivot 1/4 turn L, touch R toe fwd
