

**Heel And Toe Twists & Clap**

- 1 - 4 Twist Heels Left. Twist Toes Left. Twist Heel Left. Clap.  
5 - 8 Twist Heel Right. Twist Toes Right. Twist Heels Right. Clap.

**Step Slaps & Hip Pushes.**

- 9 - 10 Step Left Foot Forward & Slap Left Hand On Left Hip.  
11 - 12 Step Right Foot Forward & Slap Right Hand On Right Hip.  
13 - 14 Bend Knees. Push Hips Left As You Straighten Legs.  
15 - 16 Bend Knees. Push Hips Right As You Straighten Legs.

**Right & Left Chasse With Lasso.**

- 17 - 18 Step Right To Right Side. Close Left Beside Right.  
19 - 20 Step Right To Right Side. Close Left Beside Right.  
**( While Performing Steps 17 - 20 Lasso With Right Arm)**  
21 - 22 Step Left To Left Side. Close Right Beside Left.  
23 - 24 Step Left To Left Side. Close Right Beside Left.  
**( While Performing Steps 17 - 20 Lasso With Left Arm)**

**Pistol Points (with Optional Heel Jacks).**

- Note : Link Hands To Make Gun Shape And Hold To Chest.  
25 - 26 Stretch Arms Out To Left Diagonal. Bend Elbow & Return To Chest.  
27 - 28 Stretch Arms Out To Right Diagonal. Bend Elbows & Return To Chest.  
Option : The More Experienced Dancer May Like To Put Heel Jacks With  
**These Pistol Points.**

**March 1/4 Turn Left, Rolling Fists.**

- 29 - 32 Turn 1/4 Turn Left By Marching On Spot - Right , Left, Right, Left.  
Note : While Marching On Spot Roll Left Fist In Front Of Chest And Right  
**Fist Above Head Shouting - 5, 6, 7, 8.**
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