

That Bass

32 Count, 4 Wall, Improver

Choreographer: Jan Brookfield (UK) Sept 2014

Choreographed to: All About That Bass by Meghan Trainor; My Maria by Brooks & Dunn

Start after 15 secs (start on vocals)

1 SIDE, CLAP, & SIDE, CLAP, & ROCK, RECOVER, COASTER STEP

1,2 Step R to side, hold and clap
&3,4 Step quickly on L next to R, step R to side, hold and clap
&5,6 Step quickly on L next to R, rock forward on R, recover onto L
7&8 Step back on R, step L next to R, step forward on R

2 ROCK, RECOVER, 1/2 TURN SHUFFLE, ROCK, RECOVER, STEP BACK, TOUCH

9,10, 11&12 Rock forward on L, recover onto R, make a 1/2 turn over left shoulder shuffling L,R,L
13,14,15,16 Rock forward on R, recover on L, step back on R, touch L next to R

3 SIDE, CLAP, & SIDE, CLAP, & ROCK, RECOVER, COASTER STEP

17,18 Step L to side, hold and clap
&19,20 Step quickly on R next to L, step L to side, hold and clap
&21,22 Step quickly on R next to L, rock forward on L, recover onto R
23&24 Step back on L, step R next to L, step forward on L

4 HEEL GRIND 1/4 TURN, RECOVER, TWO 1/2 PIVOT TURNS

25,26,27,28 Grind R heel forward into a 1/4 turn right, recover weight onto L, rock back on R, recover onto L
29,30 Step R forward, pivot 1/2 turn over left shoulder, recover weight onto L
31,32 Step R forward, pivot 1/2 turn over left shoulder, recover weight onto L
NB. Some dancers might prefer to replace the two pivot turns in 29-32 with a rocking chair