

Beautiful Friend

32 Count, 4 Wall, Intermediate NC2

Choreographer: Dave & Pauline Baycroft, Rachael McEnaney,
Dee Musk and Shaz Walton (UK) Sept 2013

Choreographed to: Beneath You're Beautiful by Labyrinth feat.
Emeli Sande (84bpm)

Dedicated To Craig Bennett on your 30th birthday – from all of us

Intro: 16 Count Intro – Approx 12 seconds

S1 Step L, Step R Twist ½ Turn L, Full Turn R, Full Step Spiral R, Step, Rock Recover.

1-3 Step forward on L (1), step forward on R (2), twist ½ turn L (3), (weight back on R).

4& Making a ½ turn R replace weight back on L (4), making a ½ turn R step forward on R (&).

5,6 Step forward on L and make a full spiral turn R (5), step forward on R (6).

7,8 Rock forward on L (7), recover weight to R (8). (6 o'clock).

S2 Run, Run Sweep, Back Sweep x2, Rock Recover ¼ R, Behind Side, Cross Rock, Side Touch.

&1 Run back L (&), run back R sweeping L to behind R (1).

2,3 Step back L sweeping R to behind L (2), step back R sweeping L to behind R (3).

4&5 Rock back on L (4), recover weight to R (&), make a ¼ turn R stepping L to L side (5).

6& Cross step R behind L (6), step L to L side (&).

7& Cross rock R over L (7), replace weight to L (&).

8& Step R to R side (8), touch L toe beside R (&). (9 o'clock).

****Restart from here during wall 4 – begin again facing 6 o'clock wall.**

S3 Side Back Cross, Back Side Cross, Point, Hitch Side, Back Rock Side, Behind ¼ Turn R, ¼ Turn R.

1&2 Step L to L side (1), step back on R (&), cross L over R (2).

&3& Step back on R (&), step L to L side (3), cross R over L (&).

4 Point L toe to L side (4).

&5 Hitch L knee in towards R (&), step a large step to L side with L (5).

6&7 Cross rock R behind L (6), recover weight to L (&), step R to R side (7).

8&1 Cross step L behind R (8), make a ¼ turn R stepping forward on R (&),
make a ¼ turn R stepping L to L side. (3 o'clock).

S4 Prissy Walk R, Prissy Walk L, Step ¾, Side Rock, Cross Rock Side, Cross Rock, ¼ Turn L.

2,3 Step R slightly across L (2), step L slightly across R (3).

4& Step forward R (4), make a ¾ turn L (&) (weight on L facing 6 o'clock).

5& Rock R out to R side (5), recover weight to L (&).

6&7 Cross rock R over L (6), recover weight to L (&), step R to R side (7).

8&a Cross rock L over R (8), recover weight to R (&), make a ¼ turn L on ball of R (a),
to begin again from count 1. (3 o'clock).

***Restart - during wall 4 dance the first 16 counts - begin again facing 6 o'clock wall.**

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