
Intro : 40 counts after short intro (after approximately 28 seconds)

Phrasing : A, A, B, A, A, A, B, A, A, A, B (part B will only occur to the 12 o'clock wall)

PART A – 32 counts

SIDE, TOGETHER, SHUFFLE FORWARD R, SIDE, TOGETHER, SHUFFLE FORWARD L

- 1-2 Rf step right, Lf step together
- 3&4 Rf step forward ,Lf step together (&), Rf step forward
- 5-6 Lf step left, Rf step together
- 7&8 Lf step forward, Rf step together (&), Lf step forward

STEP 1/2 TURN L, SHUFFLE WITH 1/2 TURN L, WALK BACK L/R, COASTER L

- 1-2 Rf step forward, make 1/2 turn left stepping Lf forward (6.00)
- 3&4 Make 1/4 turn left stepping Rf right, Lf step together (&), make 1/4 turn left stepping Rf back (12.00)
- 5-6 Lf step back, Rf step back
- 7&8 Lf step back, Rf step together (&), Lf step forward

OUT/OUT/OUT/HITCH TRAVELING FORWARD WITH ARM MOVEMENTS (2x)

- 1-2 Rf step out right whilst crossing arms in front of body, Lf step out left whilst pointing arms to the side
 - 3-4 Rf step out right whilst crossing arms in front of body, Lf hitch left knee up whilst pointing right arm up and left arm to left
 - 5-6 Lf step out left whilst crossing arms in front of body, Rf step out right whilst pointing arms to the side
 - 7-8 Lf step out left whilst crossing arms in front of body, Rf hitch right knee up whilst pointing left arm up and right arm to the side
- (Important: these steps are traveling forward!!!!)**

ROCK SIDE/RECOVER, CROSS SHUFFLE, 1/2 TURN R, CROSS SHUFFLE

- 1-2 Rf rock right, recover onto Lf
- 3&4 Rf cross in front of Lf, Lf step left (&), Rf cross in front of Lf
- 5-6 Make 1/4 turn right stepping Lf back, make 1/4 turn right stepping Rf right (06.00)
- 7&8 Lf cross in front of Rf, Rf step right (&), Lf cross in front of Rf

PART B – 40 counts

HIPROLLS (2X)

- 1-2-3-4 Rf step right whilst rolling hips CCW over 4 counts (weight remains on Rf)
- 5-6-7-8 Lf step left whilst rolling hips CW over 4 counts

SLIDE R, SLIDE L

- 1-2-3-4 Rf take big step right whilst dragging Lf next to Rf
- 5-6-7-8 Lf take big step left whilst dragging Rf next to Lf

SIDE, TOGETHER, SIDE , BALL/CROSS WITH ARM MOVEMENTS (2X)

- 1-2 Rf step right, Lf step together
 - 3&4 Rf step right, Lf step together (&) ,Rf cross in front of Lf
 - 5-6 Lf step left, Rf step together
 - 7&8 Lf step left, Rf step together (&), Lf cross in front of Rf
- (NB: arms are at chest height and make a pumping action forward/back in this whole section)**

SLIDE R, SLIDE L

- 1-2-3-4 Rf take big step right whilst dragging Lf next to Rf
- 5-6-7-8 Lf take big step left whilst dragging Rf next to Lf

SIDE, TOGETHER, SIDE , BALL/CROSS WITH ARM MOVEMENTS, 1/2 TURN R, CROSS SHUFFLE L

- 1-2 Rf step right, Lf step together
 - 3&4 Rf step right, Lf step together (&) ,Rf cross in front of Lf
 - 5-6 Make 1/4 turn right stepping Lf back, make 1/4 turn right stepping Rf right
 - 7&8 Lf cross in front of Rf, Rf step right (&), Lf cross in front of Rf
- (NB: arms are at chest height and make a pumping action forward/back in counts 1 to 4)**
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