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## **Tangled Up!**

48 Count, 4 Wall, Improver

Choreographer: Sebastiaan Holtland (Netherlands) Feb 2013 Choreographed to: Tangled Up by Caro Emerald (New Single

2013) (iTunes)

#### 16 count intro, start dancing at (09 sec).

1-8 ½ Pivot L, ½ L, Back, Step Together, Syncopated hip Bumps R-L-R, I	1-8	½ Pivot L, ½ L	, Back, Step	Together, S	Syncopated his	p Bumps R-L-R	, L-R-L.
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- 1-2 Step Rt forward, turn ½ left (6) take weight onto Lt.
- 3-4 Turn ½ left (12) step Rt back, step Lt next to Rt.
- 5&6 Bump R hip to right, bump L hip to left, bump R hip to right.
- 7&8 Bump L hip to left, bump R hip to right, bump L hip to left. (12:00)

(Option: When you do the hip bumps, you can move with your whole body).

### 9-16 Step, ¼ R, Side, Coaster Step R, Side Rock, Recover, Behind, Side, Cross.

- 1-2 Step Rt forward, turn ½ right (3) step Lt to the left.
- 3&4 Step Rt back, step Lt next to right, step Rt forward.
- 5-6 Rock Lt to the left, recover on Rt.
- 7&8 Step Lt behind Rt, step Rt to the right, cross Lt over Rt. (3:00)

Restart: here WALL 2 after 16 counts (facing 3 o'clock), Start again (facing 6 o'clock).

Tag: here WALL 6 after 16 counts, Start again (facing 3 o'clock).

## 17-24 Jump Both Feet Apart, Hold, Back, ¼ L, Side, Jump Both Feet Apart, Heel Bounce, Back, ¼ L, Side.

- &1-2 Jump both feet apart slightly forward (&1), Hold.
- 3-4 Step Rt back, turn 1/4 left (12) step Lt to the left.
- &5&6 Jump both feet apart slightly forward (&5), lift heels off the floor, drop both heels to the floor.
- 7-8 Step Rt back, turn ¼ left (9) step Lt to the left.

# 25-32 Syncopated Side Points R-L, Heel Switches R-L, Fwd Rock, Recover, ¼ R, Side, Fwd Rock, Recover.

- 1&2& Point Rt out to right, step Rt next to Lt, point Lt out to left, step Lt next to Rt.
- 3&4& Touch R heel forward, step Rt back in place, touch Lt heel forward, step Lt back in place.
- 5-6 Rock Rt forward, recover on Lt.
- &7-8 Turn ½ right (12) step Rt to right, Rock Lt forward, recover on Rt.

### 33-40 Touch Back, Unwind ½ L, ¼ Pivot L, Cross, Back, Side, Step.

- 1-2 Touch Lt back, unwind ½ left (6) take weight onto Lt.
- 3-4 Step Rt forward, turn ¼ left (3) take weight onto Lt.
- 5-6 Cross Rt over Lt, step Lt big back.
- 7-8 Step Rt to the right, step Lt forward. (3:00)

### 41-48 R Fwd Rock, Recover, 3/4 Triple R, L Fwd Rock, Recover, 3/4 Triple L.

- 1-2 Rock Rt forward, recover on Lt.
- 3&4 Triple 3/4 right (12) step Rt slightly forward, step Lt beside Rt, step Rt slightly forward weight onto Rt.
- 5-6 Rock Lt forward, recover on Rt.
- 7&8 Triple 3/4 left (3) step Lt slightly forward, step Rt beside Lt, step Lt slightly forward weight onto Lt.

## Tag: Basic Tango Fwd, Walks Back L-R, ¼ L, Step, Side, Together, Hold,

Syncopated Side Points & Together, Hold after start again on the words "Wicked Up"

- 1-8 Step Rt forward, Hold, step Lt forward, Hold, step Rt forward, step Lt to the left, Step Rt next to Lt, Hold
- 9-16 Step Lt back, Hold, step Rt back, Hold, turn ¼ left step Lt forward, step Rt to the right, Step Lt next to Rt, Hold.
- 17-21 Point Rt out to right, step Rt next to Lt, point Lt out to left, step Lt next to Rt, Hold.

### Start again and have fun!