
Start 32 counts in with the lyric "Burn it up..." Note: Do not use the Burn It Up (On The Groove Tip) version of the song on the same album.

RIGHT SIDE, LEFT BEHIND & SYNCOPATED POINTS L THEN R, RIGHT CROSS, LEFT SIDE, RIGHT SAILOR TURNING 1/4 RIGHT WITH HITCH

Note: The first five counts should travel slightly forward.

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|------|--------------------------------|---|
| 1,2 | Side, behind | R step side right and slightly forward (1), L step behind R (2) |
| &3&4 | & Point & point | R small step side right and slightly forward (&), L toe point side left (3),
L step to center and slightly forward (&), R toe point side right (4) |
| 5,6 | Cross, side | R step forward across L (5), L step side left (6) |
| 7&8 | Sailor hitch | R step ball of foot behind L (7), L step in place turning 1/4 right (to 3:00)
(&), raise R knee tucking R foot close to L calf (8) |

RIGHT PRESS, RECOVER, LEFT COASTER STEP, LEFT STEP, RIGHT LOCK, LEFT LOCKING TRIPLE

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|-----|-----------------------|--|
| 1,2 | Press, recover | R press ball of foot forward (1), recover to L (2) |
| 3&4 | Coaster step | R step ball of foot back (3), L step ball of foot next to R (&),
R step forward (4) |

Angle body diagonally right toward 4:30 for the next four counts, but travel forward toward 3:00.

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| 5,6 | Step, lock | L step forward (5), R lock behind L (6) |
| 7&8 | Step-lock-step | L step forward (7), R lock behind L (&), L step forward (8) |

Styling option: If you like, work your shoulders as you do the step-lock patterns.

1/4 TURN LEFT, LEFT TAP, 1/2 TURN LEFT CROSS & CROSS, R SIDE STEP, LUNGE TOUCHING L OUT, TOUCH IN-OUT-IN

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|-----|-------------------------|--|
| 1,2 | Turn, tap | Pivot 1/4 left (to 12:00) stepping R side right (1), L toe tap next to R (2) |
| 3&4 | Turn & cross | Pivot 1/2 left (towards 6:00) stepping L across R (3), R step side right
(&), L step across R (4) |
| 5,6 | Step, lunge | R step side right (5), bend R knee and extend L toe side left (lunge) (6) |
| 7&8 | In-out-in | Keeping right knee bent, L touch next to R (7), L touch out side left (&),
L touch next to R (8) |

STEP IN PLACE & FLICK BACK WITH 1/4 TURN LEFT, WALK, WALK, ROCK & CROSS, SYNCOPATED ANGLED ROCKS, STEP FORWARD & TURN 1/2 LEFT WITH RIGHT SWEEP

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|-------|------------------------------|--|
| &1 | & Flick | L step next to R straightening up (&), pivot 1/4 left (to 3:00) flicking R up
behind you (1) |
| 2,3 | Walk, walk | R step forward (2), L step forward (3) |
| 4&5 | Rock & cross | R rock ball of foot side right (4), recover to L (&), R step forward across
L towards 1:30 (5) |
| 6&7&8 | Rock & rock & | L rock ball of foot forward (6), recover to R (&), L rock ball of foot back
(7), recover to R (&) |
| 8& | Step-sweep | L step forward diagonally left (towards 1:30) (8), immediately pivot 3/8
turn left (toward 9:00) while quickly sweeping R toe next to L (&) |

EASY RESTART: Dance four times all the way through, then do the first 16 and start over (you'll be facing 3:00 when this happens).

END OF SONG: For those of you that like to finish with style, you'll be facing 3:00 when the music fades just as you do the rock & cross in the last set of 8. Finish with the syncopated rocks and the sweep turn but only turn 1/8 left to face the original wall.

NOTE: Execute this dance smoothly with no "bounces" or "hops" on the syncopated counts, but feel free to add a bit of funky flair in your shoulders, arms and hands while dancing.