

Taking Back My Life

32 Count, 4 Wall, Intermediate

Choreographer: Lesley Clark (UK) March 2012

Choreographed to: You Had Me by Joss Stone, CD:
Mind, Body & Soul

Intro: 16 count intro, start on main vocals

Tag & Restart: On walls 4 and 9 dance to counts 5&6 of S2 add the tag and then restart

S1: MAMBO, COASTER STEP, STEP, PIVOT, STEP, SHUFFLE FORWARD

1&2 Rock forward on right, recover on left, step right next to left

3&4 Step back on left, step right next to left, step forward on left

5&6 Step forward on right, ½ turn left, step forward on right

7&8 Step forward on left, step right next to left, step forward on left

S2: STEP, ¼ TURN, CROSS, ROCK, RECOVER, BEHIND, SIDE, CROSS, LOCK STEP BACK

1&2 Step forward on right, ¼ turn left, cross step right over left

3-4 Rock left out to left side, recover on right

5&6 Step left behind right, step right to right side, cross step left over right *****

7&8 ¼ turn left stepping back on right, lock left in front of right, step back on right

S3: COASTER STEP, SKATE, SKATE, MAMBO, SAILOR ¼ TURN

1&2 Step back on left, step right next to left, step forward on left

3-4 Skate forward right and left

5&6 Rock forward on right, recover on left, step right next to left

7&8 Sailor ¼ turn left

S4: ROCK, RECOVER, CROSS RIGHT & LEFT, LOCK STEP BACK, SAILOR ½ TURN

1&2 Rock right out to right side, recover on left, cross step right over left

3&4 Rock left out to left side, recover on right, cross step left over right

5&6 Step back on right, cross left in front of right, step back on right

7&8 Sailor ½ turn left

*******TAG:** Sway right & Left and the restart the dance