

Take This Heart

48 Count, 4 Wall, Improver

Choreographer: Debbie Ellis (Spain) Aug 2014

Choreographed to: Take This Heart by Richard Marx,

Album: Greatest Hits

Intro – 24 counts from heavy beat, Start on vocals.

1 Walk, Walk, Kick Ball Change x2, Forward Rock, Recover.

- 1 - 2 Step fwd Right, Left.
- 3 & 4 Kick Right fwd, Recover on ball of Right, step Left in place.*R/ wall 3
- 5 & 6 Kick Right fwd, Recover on ball of Right, step Left in place.
- 7 - 8 Rock fwd on Right, Recover on Left. 12:00

2 Shuffle ½ Turn x2, Back, Drag, & Walk, Walk.

- 1 & 2 Make ½ turn Right, shuffling (R,L,R).
- 3 & 4 Make ½ turn Right, shuffling (L,R,L).
- 5 – 6 Long step back on Right, drag Left towards Right.
- &7 – 8 Step Left in place, step fwd, Right, Left. 12:00

Easier option for counts 1 – 4

1&2 Shuffle back (R,L,R).

3&4 Shuffle back (L,R,L).

3 Side Rock, Cross Shuffle x2.

- 1 – 2 Rock Right to Right Side, Recover on Left.
- 3 & 4 Cross Right over Left, step Left to Left side, cross Right over Left.
- 5 – 6 Rock Left to Left side, Recover on Right.
- 7&8 Cross Left over Right, step Right to Right side, cross Left over Right.* R/wall 6

4 Side, Behind, Chasse ¼ Turn, Step, Pivot, Shuffle.

- 1 - 2 Step Right to Right side, cross Left behind Right.
- 3 & 4 Step Right to Right side, close Left beside Right, step Right fwd making ¼ turn Right.
- 5 - 6 Step Left fwd, pivot ½ turn Right, (weight on Right).
- 7 & 8 Step Left fwd, close Right beside Left, step Left fwd. 9:00

5 Cross Point, Cross Point, Cross, Unwind, Coaster Step.

- 1 - 2 Cross Right over Left, point Left toe to Left side.
- 3 – 4 Cross Left over Right, point Right toe to Right side.
- 5 - 6 Cross Right over Left, unwind ½ turn Left, (weight on Right).
- 7 & 8 Step Left back, close Right beside Left, step Left fwd. 3:00

6 Cross Point, Cross Point, Forward Rock, Full Turn, (½ turn into start of dance).

- 1 - 2 Cross Right over Left, point Left toe to Left side.
- 3 – 4 Cross Left over Right, point Right toe to Right side.
- 5 – 6 Rock fwd on Right, Recover on Left.
- 7 – 8 Make ½ turn Right stepping fwd on Right, make ½ turn Right stepping back on Left. 3:00
- Note – On count 1 make another ½ turn into the start of the dance). 9:00

Easier option – for counts 5 – 8

5 – 6 Rock fwd on Right, Recover on Left.

7 – 8 Make ½ turn Right, walk fwd Right, Left.

Start dance from count 1 facing 9:00

Restarts* During wall 3 dance up to count 4 (the first kick ball change) then Restart facing 6:00

During wall 6 dance up to count 24, then restart facing 12:00
