

Beat It

48 count, 4 wall, Intermediate/Advanced level

Choreographer : Paul Clifton (UK) Oct 98

Choreographed to : Beat It by Michael Jackson

Note: Start on vocals

Sect 1 Kick out & cross strut, side strut, cross strut

- 1 & 2 (1) Kick right forward & step right to right side, (2) step left out to left side(shoulder width apart)
&3-4& Step right back home, (3) cross touch left toe over right, (4) drop heel & click fingers
5 – 6 (5) Touch right toe to right side (6) drop heel & click fingers
7 – 8 (7) Cross touch left toe over right (8) drop heel & click fingers

(styling note: raise elbows out on 3,5,7 & drop arms clicking fingers on 4,6,8)

Sect 2 Full monterey turn, cross behind unwind $\frac{3}{4}$ turn, push hips left & right

- (1) Touch right toe to right side (2) pivot full turn clockwise on ball of left stepping
1 – 4 Right next to left (3) touch left to left side (4) step left next to right
5 – 6 (5) Touch right toe behind left heel (6) unwind $\frac{3}{4}$ turn clockwise
7 – 8 (7) Step left to left side pushing hips left (8) push hips right (weight lands on right)

(styling note: punch left hand down by left side count 7 & right hand down on count 8)

Sect 3 Touch & rock,touch, kick, step slide, push hold starting on left

- 1 & 2 (1) touch left toe to right instep, & step left to left side (2) rock weight back onto right
3-4-5 (3) touch left toe to right instep (4) kick left forward (5) step forward on left
6 – 7 (6) slide right up to left (weight on left) (7) sharply push slide right toe to right side (weight on left)
8 (8) hold with style

Sect 4 Touch & rock, touch, kick, step slide, push & hold starting on right

- 1 & 2 (1) touch right toe to left instep, & step right to right side, (2) rock weight back onto left
3-4-5 (3) touch right toe to left instep (4) kick right forward (5) step forward on right
6 – 7 (6) slide left up to right (weight on right) (7) sharply push slide left toe to left side (weight on right)
8 (8) hold with style

Sect 5 Left kick ball change, scootstep times 2, forward & back & charleston or mashed potatoe steps

- 1 & 2 (1) kick left forward & step slightly back on ball of left, (2) change weight to right
&3&4& scoot back on ball of right (3) step forward left, & scoot back on ball of left(4) step forward right
5 & 6 (5) step left directly in front of right & twist heels out (6) twist heels back in
&7&8& swinging left to left side twist both heel out (7) step directly behind right bringing heels back to centre & twist heels out (8) twist heels back into centre (weight ends on left)

(Note: for easier option for counts 5 – 8 step forward left & heels out & in then step back on left, heels out & in (keeping weight on right until count 8)

Sect 6 Touch back, $\frac{1}{2}$ turn out out in in body roll & knee pops

- 1 – 2 (1) touch right toe straight back, pivot half turn clock-wise (transferring weight to right)
&3&4 step left to left side (3) step right to right side & step left back to home (4) step right next to left
5 – 6 (5) start to body roll forward from knees (6) end body roll at head
7 – 8 sharply pop left knee in towards right (8) sharply pop right knee towards left (weight ends on left)

Smile & start again