

## Take It To The Heart

Phrased, Intermediate/Advanced,

Night Club 2/Cha Cha

Choreographer: Max Perry (USA) May 2008

Choreographed to: Take It To The Heart by

Anthony Callea, Australian Idol

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### How to Put it Together

After a 16 count intro, dance section A (the night club 2 section), then directly into the Cha Cha section. Start over and do part A, then the Cha Cha part B.

On the bridge in the middle, you will do a shortened version of part A – dance the Nightclub section up to the cross side rocks, do the cross in front, then step together.

Dance section B but leave off the Cross Unwind at the end, Dance the B again and put the cross unwind on the very end of the dance.

### Intro Part A The Night Club 2 Section

#### Nightclub Basic to 1 and ½ Traveling Pivot Right

- 1,2&3 Step L to left side, Rock R back, Step L in place, Turn ¼ right as you step R forward  
4&5 Turn ½ right as you step L back, Turn ½ right and step R forward,  
Turn ¼ right and step L to left side (starting another basic on The 6:00 wall)  
6& Rock R back, Step L in place

#### Forward, Side, Cross Behind Turning ½ Right, Point, Cross Side Rock, Cross Side Rock

- 7&8& Turn ¼ right and step R forward, Turn ¼ right and step L to left side,  
Cross R behind L, Point L toe to left side (face 12:00)  
1,2& Cross L behind Right, Rock R to right side, Step L in place  
(you may circle right arm under and over as you rock to the side)  
3,4& Cross R over L, Rock L to left side, Step R in place  
(circle L arm under and over as you rock to the left side)

#### Cross, Side, Behind, Ronde', Cross Side, In Front Ronde'

- 5&6& Cross L over R, Step R to right side, Cross L behind R, Circle R to right side  
7&8& Cross R behind, Step L to left side, Cross R over L, Circle L to left side

#### Cross, Back, Forward Turning ¾ Left

- 1&2 Cross L over R, Step R back Turning left, Step L forward completing a ¾ left turn  
to face the 3:00 wall, (think of this as a move similar to a jazz box turning ¾ left)

#### ½ Pivot Turn Left, Step Forward, Rock Forward, Step Back, Cross Unwind

- 3&4 Step R forward & turn ½ left, Step L in place, Step R forward  
5&6,7 Rock L forward, Step R in place, Step L back, Step R back  
8& Cross L behind R, Unwind 1 full turn left with weight ending up on the right foot. (facing 9:00)

### Part B The Cha Cha Section – Main Body Of The Dance

#### Side, Rock Step, Cha Cha Lock Forward, Syncopated Forward And Back Rocks

- 1,2,3 Step L to left side, Rock R back, Step L in place  
4&5 Step R forward, Cross L up to and behind R, Step R forward  
6&7&8& Rock L forward, Step R in place, Rock L back, Step R in place, Rock L forward, Step R in place

#### Back, Side Cross, Forward Turning ½ Right, Forward Rock

- 1,2&3 Step L back, Turn ¼ right and step R to right side (face 12:00),  
Cross L over R, Turn ¼ right and step R forward (face 3:00)  
4& Rock L forward, Step R in place

#### Syncopated Sailor Shuffles

- 5,6&7 Step L to left side, Cross R behind L, Step L to left side, Step R in place  
&8&1 Cross L behind R, Step R to right side, Step L in place, Step R next to left (together)

#### ½ Pivot Turn to ½ Turn Cha Cha Basic Back

- 2,3 Step L forward & turn ½ right, Step R in place  
4&5 Continue to turn ½ right as you step L,R,L moving back slightly on the cha cha cha  
6,7 Rock R back, Step L in place (still face 3:00)

#### Cross Over Breaks With Touches

- 8&1 Step R to right side, Step L next to R, Step R to right side (turn toe out)  
&2,3 Quickly cross rock L over R, Touch R up to and behind L, Step R in place  
4&5 Step L to left side, Step R next to L, Step L to left side (turn out L toe)  
&6,7 Cross rock R over L, Touch L up to and behind R, Step L in place  
8& Step R to right side, Step L next to R
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**Right Walk Around Turn (360), Right Walk Around (3/4)**  
1,2,3 Turn R toe out as you step R to right side, Step L forward and across L turning right,  
Step R in place continuing to turn (try to get a full 360 on the 3 steps. If not then use the next 2)  
4& Step L to left side, Step R next to L  
5,6,7 Step L to left side toe turned out, Step R forward and across L  
Turning left, Step L in place continuing to turn but only 3/4  
8& Step R forward, Step L forward (6:00)

**Basic To Knee Knee, Skate, Skate, Basic Forward & Back**  
1,2,3 Step R forward, Rock L forward, Step R in place  
4&5 Step L back, Step R back, Step L next to R  
6,7 Bend R knee over L knee, Bend L knee over R knee  
8,1 Left Skate (swivel) forward, R Skate (swivel) forward

**½ Pivot Turn to ½ Turn Cha Cha Basic Back**  
2,3 Step L forward & turn ½ right, Step Right in place  
4&5 Continue to turn ½ right as you step L,R,L . Moving backward slightly on the cha cha cha's  
6,7 Rock R back, Step L in place

**Side Basic To Cross Over Breaks (regular ones)**  
8& Step R to right side, Step L next to R  
1,2,3 Step R to right side (toe turned out), Cross Rock L over R, Step R in place  
4& Step L to left side, Step R next to L  
5,6,7 Step L to left side (toe turned out), Cross Rock R over L, Step L in place  
8 Step R to right side

**Cross Unwind**  
1,2,3,4 Cross L over Right, Unwind 360 right, weight on R foot.

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Music download available from iTunes

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