

Beat Again**INTERMEDIATE**

64 Count 2 Walls

Choreographed by: Lesley Miller

& Lesley "Elbee Stompers" Miller

Choreographed to: Beat Again by JLS

-
- Section 1 Rock, Coaster Cross, Rock, Coaster Cross 1/4 turn L**
1, 2, 3 & 4 Rock Rf to R Side, replace Lf, Step Rf behind Lf, Lf to L Side, cross Rf over Left
5, 6, 7 & 8 Rock Lf to L Side, replace Rf, Step Lf behind Rf, Rf to R Side, Step Lf forward with a 1/4 turn Left
- Section 2 Rock Replace, Coaster, Step Pivot 3/4 R, 2 Hip Bumps L**
1, 2, 3 & 4 Rock Rf to R Side, replace Lf, Step Rf behind Lf, Lf to L Side, cross Rf over Left
5, 6, 7 & 8 Step forward onto Lf pivot 3/4 turn R, replace Rf, Step onto Lf at the same time Double bump on Left Hip
- Section 3 Rock Replace, 2 Sways R & L, Rock Replace, Shuffle 1/4 R**
1, 2, 3 & 4 Rock back RF behind Lf, replace LF, Step RF to R side swaying R Step Lf to L side swaying L
5, 6, 7 & 8 Rock back Rf, replace Lf, Step Rf, tog L, Step Rf 1/4 turn to the R
- Section 4 Step LF 1/2 R, Shuffle 1/2 R, Rock, Kick ball change RF**
1, 2, 3 & 4 Step forward Lf pivot 1/2 turn Right, Shuffle Lf 1/2 turn Right
5, 6, 7 & 8 Rock back Rf, Kick Ball Change Rf
- Section 5 Step RF, tog LF, Body Roll, Step RF, tog LF, Step RF touch L**
1, 2, 3, 4 Step forward Rf bring Lf tog, Upwards Body Roll (option for Body Roll: Bend Knees then Stretch)
5, 6, 7, 8 Step Rf to R Side, bring Lf tog, step Rf to R side, touch Lf to Lside (Option for 5 6 7 8: Full turning chasse to Right Side)
- Section 6 Step LF tog RF Step LF touch R, Step Touch, Step Touch**
1, 2, 3, 4 Step Lf to L Side, bring Rf tog, step Lf to L side, touch Rf to Rside (Option for 1 2 3 4: Full turning chasse to Left Side)
5, 6, 7, 8 Step Rf, touch Lf to L side, Step Rf, touch Rf to R side
- Section 7 Step R 1/4 turn R, Touch L, Step L, Touch R tog, Monterey, Rock & Cross**
1, 2, 3, 4 Step Rf 1/4 turn R, touch Lf to L side, Step LF, touch Rf to Lf
5, 6, 7 & 8 Touch Rf to R side, full turn R on Lf, Step Rf tog, Rock Lf side & cross Lf over Rf (Option: touch Rf side, step Rf tog, Rock Lf to side & cross Lf)
- Section 8 Long Step Rf, Rock L replace R, Long Step, Sweep R, 1/2 turn R, Rock R replace L**
1, 2, 3, 4 Long Step Rf to R side, Rock Lf back, Replace R
5, 6, 7, 8 Long Step Lf to L side, Sweep Rf round behind L with 1/2 turn R, Rock Rf back, Replace Lf
-