



Approved by:

*Bassir Awato*

# Tainted Love (page 1)

### PHRASED – 84 COUNTS – ADVANCED

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>PART A</b>			
<b>Section 1</b>	<b>Cross, Side, Touch, 1/4, Back, Out, Out, Heel Swivels, Walk x 4, Pivot 1/2</b>		
& 1 - 2	Cross right over left. Step left large step left. Touch right toe beside left.	Cross Side Touch	Left
3 &	Make 1/4 turn right pulling right towards left. Step right back.	Turn Back	Turning right
4 &	Step left out. Step right out.	Out Out	Forward
5 &	On ball of left and right heel swivel feet right. Swivel back to centre (weight on left).	Swivels	On the spot
6 - 7	Step right forward. Step left forward.	Right Left	Forward
8	Step right forward. <b>(RESTART POINT here twice: see dance sequence)</b>	Step	
& 1	Step left forward. Pivot 1/2 turn right (weight onto right).	Step Pivot	Turning right
<b>Section 2</b>	<b>Side With Body Dip, Toe Heel Cross x 2, Toe Heel Step</b>		
1 - 3	Step left to left side, dipping body anticlockwise, slowly, to left.	Side Body Dip	Left
4	Complete body dip bringing left beside right (weight ends on left).	Together	
5 &	Touch right toe beside left. Touch right heel diagonally forward right.	Toe Heel	On the spot
6 &	Cross right over left. Touch left toe to right instep.	Cross Toe	Left
7 &	Touch left heel forward diagonally left. Cross left over right.	Heel Cross	Right
8 &	Touch right toe to left instep. Touch right heel diagonally forward right.	Toe Heel	On the spot
1	Step right forward diagonally right (lean back, keeping weight on right).	Step	Forward
<b>Section 3</b>	<b>Hold &amp; Step, 3/8 Turn, Full Turn, Ball Change, Mambo Step</b>		
2 & 3	Hold. Step left beside right. Step right forward (still diagonally right).	Hold & Step	Forward
4	Make 3/8 turn left stepping left (to square up to back wall).	Turn	Turning left
5	Pivoting on ball of left, open 1/2 turn left (right foot taking weight). (12:00)	Turn	Turning left
& 6	Pivoting on ball of right, open 1/2 turn left (left foot taking weight). Hold.	Turn Hold	
& 7	Step back on ball of right. Step left forward.	Ball Change	On the spot
8 & 1	Rock forward on right. Rock back on left. Step right back, dragging left heel.	Mambo Step	
<b>Section 4</b>	<b>1/4 Turn, 1/2 Turn With Hip Roll, Diagonal Steps Forward &amp; Back, Hip Bumps</b>		
2	Step left 1/4 turn left.	Turn	Turning left
3 - 4	Rolling hips anticlockwise over 2 counts, make 1/2 turn left stepping on right	Turn	
5 &	Step up diagonally left on left. Step up diagonally right on right.	Left Right	Forward
6 &	Step left back diagonally left. Step right back diagonally right.	Back Back	Back
7 &	Push bottom straight back. Push hips to right side.	Bumps Right	On the spot
8 &	Push hips forward. Push hips to left side (left foot taking weight).	Forward Left	
<b>PART B</b>			
<b>Section 1</b>	<b>Twinkle, Twinkle 1/4 Turn, Basic Forward, Basic Back</b>		
1 - 2 &	Cross right diagonally left over left. Rock left to side. Recover onto right.	Cross 2 3	Forward
3	Cross left diagonally right over right.	Cross	
4 &	Turn 1/4 left stepping right back. Step left beside right.	Turn Together	Turning left
5 - 6 &	Step right forward. Step left beside right. Step right in place.	Step 2 3	Forward
7 - 8 &	Step left back. Step right beside left. Step left in place.	Back 2 3	Back

**Continued...**

## Tainted Love (page 2)

### PHRASED – 84 COUNTS – ADVANCED

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 2</b> 1 - 2 & 3 4 & 5 - 6 & 7 8	<b>Twinkle, Twinkle 1/4 Turn, Step, Full Turn Forward, Step, Hitch Pivot Cross</b> Cross right diagonally left over left. Rock left to side. Recover onto right. Cross left diagonally right over right. Turn 1/4 left stepping right back. Step left beside right. Step right forward. Pivot 1/2 right on ball of right, stepping left back. Pivot 1/2 turn right on ball of left, stepping right forward. Step left forward. Turn 1/4 left on ball of left, hitching right to step across left (weight on right).	Cross 2 3 Cross Turn Together Step Pivot Pivot Step Turn	Forward  Turning left Turning right Forward Turning left
<b>Section 3</b> 1 & 2 & 3 & 4 &	<b>Extended Weave</b> Step left to side. Cross right behind left. Step left to side. Cross right over left. Step left to side. Cross right behind left. Step left to side. Cross right over left.	Weave Weave	Left
<b>Section 1</b> 1 - 2 3 - 4 Note 5 - 8	<b>PART C</b> <b>Walk/Cross, Hold (x 2) Step, Hold, Pivot 1/2, Hold</b> Cross right forward crossing over left. Hold, click right fingers to right side. Cross left forward crossing over right. Hold, click right fingers in centre. Note Let arm swing as you click fingers from side to centre of body. Step right forward. Hold. Pivot 1/2 turn left (weight onto left). Hold.	Cross Hold Cross Hold  Step Hold Turn Hold	Left Right  Turning left
<b>Section 2</b> 1 - 8	<b>Walk/Cross, Hold (x 2) Step, Hold, Pivot 1/2, Hold</b> Repeat previous 8 counts.		
<b>Section 3</b> 1 - 2 3 - 4 <b>Note</b> 5 - 6 7 - 8	<b>Toe Strut, Cross Strut, Side Rock, Hook, 1/2 Turn</b> Step right toe to side. Drop heel taking weight and click right fingers to right side. Cross left toe over right. Drop heel taking weight and click fingers in to body. <b>Note</b> Let arm swing as you click fingers from side to centre of body. Rock right to right side. Recover onto left. Hook right behind left. Make 1/2 turn right (left foot taking weight).	Toe Strut Cross Strut  Side Rock Hook Turn	Right  On the spot Turning right
<b>Section 11</b> 1 - 2 3 - 4 <b>Note</b> 5 - 6 7 - 8	<b>Toe Strut, Cross Strut, Side Rock, Hook, 3/4 Turn</b> Step left toe to side. Drop left heel taking weight and click right fingers to right side. Cross right toe over left. Drop right heel taking weight and click fingers in to body. <b>Note</b> Let arm swing as you click fingers from side to centre of body. Rock left to left side. Recover onto right. Hook left foot behind right. Make 3/4 turn left (left foot taking weight).	Toe Strut Cross Strut  Side Rock Hook Turn	Left  On the spot Turning left

**Sequence:** A B A-(with Restart), A B A-(with Restart),  
 A C (C to end of dance)

**Choreographed by:** Barry & Dari Anne Amato & Joey Warren (USA) December 2008

**Choreographed to:** 'Tainted Love' by The Pussycat Dolls (78 bpm) from CD PCD  
 (16 count intro)



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