

Phrased, 4 Wall, Int/Adv, ECS

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5-10-15 Swing!

Choreographer: Scott Blevins (USA) June 2011 Choreographed to: 5-10-15 Hours by Blue Harlem

Feat. Imelda May

Sequence:16-count intro, AB AB AAA B. Start dancing on lyrics

Ocquen	oc. To count initio, 7,6 7,6 7,7 7,7 7.
PART A	
1-4	Open body slightly to left diagonal Step right forward (bend both knees and swing hips right), swing hips left, swing hips right, swing hips left (weight to left). Square up to 12:00 wall and straighten knees
5-6 7a8	Step right back, hold Chasse back left, right, left
1-2 3-4-5 6-7-8	Turn ½ right and step right forward (6:00), turn ½ right and hitch right left knee (left foot is to side of right knee in "Figure 4" position) (12:00) Rock left to side, recover to right, cross left over right Rock right to side, recover to left, cross right over left
1& 3-4 5&6 7-8	2Chassé side left, right, left Cross/rock right over left, recover to left Chassé side right, left, right Cross/rock left over right, recover to right The side steps with hands are strong poses
1-2 3-4 5-6 7-8	Step left to side (hands to sides at waist level with palms down), hold Turn ¼ left and step right forward (9:00), turn ¾ left (weight to left) (legs are crossed) (12:00) Step right to side (hands to sides at waist level with palms down), hold Turn ¼ right and step left forward (3:00), turn ½ right (weight to right) (9:00)
1-4 5&6 7-8	Step left forward, cross right over left, turn ¼ right and step left back (12:00), turn ¼ right and step right forward (3:00) Chassé forward left, right, left Rock right forward, recover to left
1&2 3-4 5-8	Chassé back turning ½ right stepping right, left, right (9:00) Step left forward, turn ½ right (weight to right) (3:00) Step left forward, hold, turn ½ left and step right back (9:00), turn ½ left and step left forward (3:00)
PART B	
1-4 5-8	Step right forward, turn ¼ right and step left to side (6:00), hold, turn ¼ right and step right forward (9:00) Turn ¼ right and step left to side (12:00), hold, cross/rock right over left, recover to left
1-2 3&4	Turn ¼ right and step right forward (3:00), hold Chassé forward turning ½ right stepping left, right, left (9:00)
5-6 7-8	Rock right back, recover to left Step right forward, (lift right hip), step left forward (lift left hip) ("boogie walk")
1-2-3	Step right forward (toe turned out), turn ¼ right and step left slightly side (hips left, keep knees straight/locked) (12:00), hold
4-5-6 7-8	Bump hips left (knees straight/locked), push hips left (knees straight/locked), hold Cross/rock right over left, recover to left
1-2 3&4 5&6 7&8	Turn $\frac{1}{2}$ right and step right forward (3:00), turn $\frac{1}{2}$ right and step left to side (6:00) Cross right behind left, turn $\frac{1}{2}$ left and step left slightly forward (3:00), turn $\frac{1}{2}$ left and step right to side (12:00) Left sailor step Right sailor step
a1 a2a 3&4 5&6-7-8 7-8	Hitch left knee, cross/kick left over right (low and sharp) Hitch left knee (sharply), kick left to side (low and sharp), hitch left knee (sharply) Left sailor step Cross right behind left, turn ¼ left and step left forward (9:00), step right forward Turn ½ left (weight to left) (3:00), turn ¼ left and step right to side (12:00)
1-2 &3-4 &5-6 7&8	Cross/rock left over right, recover to right Step left to side, cross/rock right over left, recover to left Turn ¼ right and step right forward (3:00), rock left forward, recover to right Step left back, step right together, step left forward

ENDING: Part B counts 45-48 are modified for a big finish.

During the final rotation, the dance ends with Part B, and the last few counts are modified to give you a nice ending to face your front wall

5-6 7 Rock left forward, recover to right

Turn ¼ left and big step left to side (12:00) Drag right toward left with arms out to sides

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