

Switch It Up

32 Count, 4 Wall, Intermediate, Polka
Choreographer: Candy Sherwin (June 2009)
Choreographed to: Sideways by Dierks Bentley,
CD: Feel That Fire; Life Is A Highway by
Rascal Flatts, CD: Cars Soundtrack;
Born To Fly by Sara Evans

Start dancing on lyrics

STEP RIGHT SIDE, HOLD, KICK STEP HEEL, STEP HEEL, LEFT FORWARD, RIGHT FORWARD, ROCK BACK, TURN ½ RIGHT TO RIGHT

- 1-2 Step/slide right to side, hold
3&4 Kick left forward, step left together, touch right heel forward
&5&6 Step right back, touch left heel forward, step left forward, step right forward
7-8 Step left back, turn ½ right (weight to right) (6:00)

LEFT SYNCOPATED MAMBO, TURN ¼ RIGHT CHASSE, RIGHT TURN, SHIFT LEFT

- 1-2&3 Step left forward, hold, step right back, step left back
4&5 Turn ¼ right and step right to side (9:00), step left together, step right to side
6-7 Turn ½ right and step left to side (3:00), turn ½ right and rock right to side (9:00)
8 Recover to left

RIGHT RONDE, TURN ¼ LEFT, RIGHT FORWARD, LEFT TOUCH ½ TURN, RIGHT LOCK SHUFFLE

- 1-2 Sweep right leg in, forward and side (using 2 counts for move)
3&4 Cross right behind left, turn ¼ left and step left forward (6:00), step right forward
5 Step left forward
6 Turn ½ right and touch right together (12:00)
7&8 Step right forward, lock left behind right, step right forward

ROCK STEP, ½ PENCIL TURN, STEP LEFT SIDE, TOUCH RIGHT IN WITH ¼ TURN, KICK BALL CHANGE

- 1-2 Rock left forward, recover to right
3-4 Turn ½ left (weight to left) (6:00), step right together
5-6 Step left to side, turn ¼ right and touch right together
7&8 Kick right forward, step right together, step left forward
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