

Swingtrain

48 Count, 2 Wall, Beginner

Choreographer: Don Pascual (FR) April 2013

Choreographed to: Swingtrain by Rob Rio

Start on vocals

1: Stomp R , R toe fans, Stomp L forward, L toe fans

1-4: Stomp R beside L (R toe in L diagonal), swivel R toe to R, swivel R toe to the L, swivel R toe to the R

5-8 : Stomp L slightly forward (L toe in R diagonal), swivel L toe to L, swivel L toe to R, swivel L toe to L

2: Sugar foot R, L, R, L, R jazz box

1-2: Swivel L heel to the L and step R in R diagonal, swivel R heel to the R and step L in L diagonal

3-4: Swivel L heel to the L and step R in R diagonal, swivel R heel to the R and step L in L diagonal

5-8: Cross R over L, step L behind, step R to the R, cross L over R

Option: You can replace the «sugar foot» with «camel walks»

3: (Step R to the R, L kick + clap, step L to the L, R kick + clap) x2

1-4: Step R to the R, L kick (R diagonal) + clap, step L to the L, R kick (L diagonal) + clap

5-8: Step R to the R, L kick (R diagonal) + clap, step L to the L, R kick (L diagonal) + clap

4: R side shuffle, L kick x2, L side shuffle, R kick x2

1&2: Step R to the R, L beside R, step R to the R

3-4: L kick (R diagonal), L kick (R diagonal)

5&6: Step L to the L, R beside L, step L to the L

7-8: R kick (L diagonal), R kick (L diagonal)

Restart: Wall 3 and 7

5: Weave to the R

1-4: Step R to the R, cross L behind R, step R to the R, cross L over R

5-8: Step R to the R, cross L behind R, step R to the R, cross L over R

6: (Step turn 1/8 T to the L) x4

1-2: Step R forward, 1/8 T to the L

3-4: Step R forward, 1/8 T to the L

5-6: Step R forward, 1/8 T to the L

7-8: Step R forward, 1/8 T to the L

Style: Activate the alarm bell of the train with your R hand while turning

Restart: Wall 3 (facing 12h) and wall 7 (facing 6h)

dance the first 4 sections then restart the dance from the beginning

Have fun with this dance !!!