

Swingin'

32 Count, 2 Wall, Beginner

Choreographer: Jesse Garcia (USA) Jan 2010

Choreographed to: Hip Swinging Blues by Diedra, CD:
Overcoming Hurdles; Knock Yourself Out by Lee Roy
Parnell (143 bpm) CD: We All Get Lucky Sometimes

Start dance after 8 counts

RIGHT STEP LOCK WITH A BRUSH, LEFT STEP LOCK WITH A BRUSH

- 1-4 Step right forward, cross left behind right, step right forward, brush left together
5-8 Step left forward, cross right behind left, step left forward, brush right together

GRAPEVINE RIGHT WITH A TOUCH, GRAPEVINE LEFT WITH TOUCH AND TURN ¼ LEFT

- 1-4 Step right to side, cross left behind left, step right to side, touch left together
5-8 Step left to side, cross right behind left, step left to side, turn ¼ left and brush right together (9:00)

RIGHT ROCKING HORSE, JAZZ BOX SQUARE WITH TURN ½ RIGHT

- 1-4 Rock right forward, recover to left, rock right back, recover to left
5-8 Cross right over left, turn ¼ right and step left back (12:00),
turn ½ right and step right to side (3:00), step left together

JAZZ BOX SQUARE WITH TURN ¼ RIGHT, TOE STRUTS (2X)

- 1-4 Cross right over left, step left back, turn ¼ right and step right to side (6:00), step left together
5-8 Step right toe forward, drop right heel, step left toe forward, drop left heel

OPTION

For step locks you can do them diagonally turning from side to side
