

Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

Swingin'

40 Count, 4 Wall, Improver

Choreographer: Peter Jones & Anna Lockwood (UK)

Jan 2012

Choreographed to: Swingin' by Scotty McCreery,

Album: American Idol Season 10

Kick Ball Change, 2 x Heel Bounces, Rock Back, Recover, Kick Ball Cross.

- 1&2 Kick R Forward, Step R Next To L, Step L In Place.
- Turn 1/4 R While Bouncing Both Heels x 2. 3-4
- 5-6 Rock Back Onto R, Recover Weight Onto L.
- Kick R Forward, Step R Next To L, Cross L Over R. 7&8

2 Side, Hold, Together, Side, Touch, Turn, Turn, Chasse.

- 1-2 Step R To R Side, Hold For 1 Count.
- &3-4 Step L Next To R, Step R To R Side, Touch L Next To R.
- 5-6 Turn ¼ L Onto L, Turn ½ L Stepping Back Onto R.
- Turn 1/4 L Onto L, Step R Next To L, Step L To L Side. 7&8

2 x Forward Hip Bumps, Back, Back, Back, Hitch.

- 1&2 Step Forward Onto R Bumping Hips Forward, Step Back Onto L Bumping Hips Back, Step Forward Onto R Bumping Hips Forward.
- Step Forward Onto L Bumping Hips Forward, Step Back Onto R Bumping Hips Back, Step 3&4 Forward Onto L Bumping Hips Forward.
- 5-6 Step Back Onto R, Step Back Onto L.
- 7-8 Step Back Onto R, Hitch L Knee.

Optional: While Hitching L Knee, Raise Both Arms Up To Shoulder Height With Thumbs Raised

4 Cross, Side, Behind, Side, Heel, Step, Cross, Side, Sailor 1/4 Turn.

- 1-2 Cross L Over R, Step R To R Side.
- 3&4 Cross L Behind R, Step R To R Side, Touch L Heel Forward To L Diagonal.
- &5-6 Step L Next To R, Cross R Over L, Step L To L Side.
- 7&8 Turn 1/4 R Stepping R Behind L, Step L To L Side, Step R To R Side.

5 Cross, Hold, Side, Cross Shuffle, Side, Recover, Behind, 1/4 Step.

- 1-2 Cross L Over R, Hold For 1 Count.
- Step R To R Side, Cross L Over R, Step R To R Side, Cross L Over R. &3&4
- 5-6 Rock R To R Side, Recover Weight Onto L.
- 7-8 Cross R Behind L, Turn 1/4 L Onto L.

Have fun and dance with a smile ;0)

Music download available from iTunes

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)1704 501678