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Swing Your Skirt

32 Count, 4 Wall, Improver Choreographer: Martie Papendorf (South Africa)

Oct 2011

Choreographed to: Pampoene Oppie Dak by Anton

Goosen (136 bpm)

Start - just after start of main vocals32 beats after lady singer sings shrill "Pampoene" sounding like a rooster!!

1 1,2 &3,4 &5,6 &7,8	Point R, Touch, Fwd, Touch, HOLD, Back, Heel, HOLD, Back, Heel, HOLD Point R to right side, Touch R next to L, Step R fwd, Touch L behind R, HOLD Step L back, Touch R heel fwd, HOLD and clap, Step R back, Touch L heel fwd, HOLD and clap		
2 &1,2 3,4 5,6 7,8	Step, Fwd, ½ left, Side ½ left, Step together, Swivel L, HOLD, Swivel R L Step L in place, Step R fwd, Pivot ½ left, Step R to right side making ½ turn left, Step L next to R feet slightly apart, Swivel heels to left, HOLD, Swivel heels right left (weight ending on L)	.00 12.00	
3 1,2 3&4 Restart 5,6 7&8	Side ¼ L, Lock, ¼ Back lock back L, Rock fwd back, ¼ Sailor left Step R to right side making ¼ turn left, Lock L across R, Step R to back making ¼ turn left, Lock L across R, Step R back, here on wall 11 adding & count by stepping L next to R Rock L fwd back, Rock R back, Cross L behind R making ¼ turn left, Rock R to right side, Recover L to left	3.00	
4	4 ¼ Left touch, ¼ Right heel, Fwd shuffle, ¼ Right touch, ¼ Left heel, Fwd shuffle		
1,2 3&4	Touch R toe next to L turning ¼ left, Touch R heel fwd turning ¼ right, Step R fwd, Close L behind R, Step R fwd,	3.00	
5,6 7&8	here on wall 5 & 13, adding & count by stepping L next to R Touch L toe next to R turning ¼ right, Touch L heel fwd turning ¼ left, Step L fwd, Close R behind L, Step L fwd	3.00	
Restarts:			

- During wall 5 after count 3&4, section 4 adding & count by stepping L next to R to restart wall 1. 6. You will be facing 3.00
- 2. During wall 11 after count 3&4, section 3 - adding & count by stepping L next to R to restart wall 12. You will be facing 12.00
- 3. During wall 13 after count 3&4, section 4 - adding & count by stepping L next to R to restart wall 14. You will be facing 6.00