

## Swing Thing-A-Ling

48 Count, 4 Wall, Improver

Choreographer: Christina Johnsson & Urban Danielsson  
(Sweden) Jan 2013

Choreographed to: Mood Swing Thing-a-Ling by Sally Burgess. CD: Reach For The Rhythm (iTunes)

16 counts intro, starts on vocal

### 1 Cross toes touch and small step forward x 4

- 1–2 Touch right toes in front of left foot, step right foot small step forward
- 3–4 Touch left toes in front of right foot, step left foot small step forward
- 5–6 Touch right toes in front of left foot, step right foot small step forward
- 7–8 Touch left toes in front of right foot, step left foot small step forward

### 2 Run x 3, hold, step ½ pivot, step forward

- 9–10 Step right small step forward, step left small step forward
- 11–12 Step right small step forward, hold
- 13–14 Step left forward, ½ pivot turn right step down on right foot (6:00)
- 15–16 Step left foot forward, hold

### 3 ½ turn x 2, step forward, hold, kick-ball-point, hold

- 17–18 ½ turn left step right back, ½ turn left step left forward
- 19–20 Step right foot forward, hold  
Easy option: Counts 17-20: Run, run, run, hold  
[17-20] Step right small step forward, step left small step forward, Step right small step forward, hold
- 21–22 Kick left foot forward, step down on left next to right
- 23–24 Point right toes to right side, hold

### 4 Jazz box, Dwight swivels to right

- 25–26 Cross right over left foot, step back on left foot
- 27–28 Step right to right side, step left next to right
- 29–30 Swivel left heel right touching right toes beside left,  
swivel left toes right touching right heel diagonally forward right
- 31 – 32 Swivel left heel right touching right toes beside left,  
swivel left toes right touching right heel diagonally forward right  
Easy option: Counts 29-32: Vine right, step cross  
[29-32] Step right to right, step left behind right, step right to right, step left across in front of right

**Restart:** from the beginning on wall 4.

### 5 Side rock-recover, step cross, hold, ¼ turn right x 2, step cross, hold

- 33–34 Rock right to right side, recover weight onto left
- 35–36 Step right foot across in front of left, hold
- 37–38 ¼ turn right step back on left foot, ¼ turn right step side on right foot (12:00)
- 39–40 Step left foot across in front of right, hold

### 6 Monterey ¼ right, kick, hook, kick, flick

- 41–42 Point right toes to right side, ¼ turn right step right next to left foot (3:00)
- 43–44 Point left toes to left side, step left foot next to right
- 45–46 Kick right foot forward, hook right foot over left
- 47 – 48 Kick right foot forward, flick right foot back  
Easy option: Counts 45-48: Heel dig, hook, heel dig, flick  
[45-48] Dig right heel forward, hook right over left, dig right heel forward, flick right back

**Restart:** There is one Restart during wall 4.

### Ending: Jazz box ¼ turn right, point, touch, point and pose

On wall 9 replace section 4 with the following steps:

- 25–26 Cross right over left foot, step back on left foot
- 27–28 Turn ¼ right step right to right side, step left next to right (12:00)
- 29–30 Point right toes to right side, touch right next to left
- 31–32 Point right toes to right side, hold and pose