

Swing Mixer

PARTNER

36 Count 1 Walls

Choreographed by: Unknown

Choreographed to: Real Good Way To
Wind Up Lonesome, A by James House**LADY**

- 1 & 2 Shuffle in place - right, left, right
3 & 4 Shuffle in place - left, right, left (maintain hand contact as you)
5 Twist body slightly right to face LOD step back on right foot and rock on it
6 Step forward on left foot to face partner
7 & 8 Shuffle in place - right, left, right
9 & 10 Shuffle in place - left, right, left
11 Twist body slightly right to face LOD step back on right foot and rock on it
12 Step forward on left foot to face partner
13 & 14 Drop left hand as you move slightly to the right and shuffle - right left, right to complete a 1/2 turn right
15 & 16 Move slightly left as you shuffle to complete a 1/2 turn right - left, right, left to face partner

/Lady makes a full turn. Do not pick up hands.

- 17 Step back on right foot and rock on it
18 Step forward on left foot
19 & 20 Raise right hand and shuffle forward right, left, right to pass right shoulders in front of the man
21 & 22 Turn 1/2 to your left under raised hands and shuffle back - left, right, left to face outside of circle
23 Step back on right foot and rock on it
24 Step forward on left foot
25 & 26 Raise right hand and shuffle forward right, left, right to pass right shoulders in front of man
27 & 28 Turn 1/2 to your right and shuffle back - left, right, left to face inside of circle

/Do not pick up hands

- 29 Step back on right foot and rock on it
30 Step forward on left foot
31 & 32 Pivot on the ball of your left foot and swing right foot across left to begin a 1/2 turn left, shuffle toward RLOD - right, left, right
33 & 34 Turn 1/2 left as you shuffle - left, right, left (full turn to face new partner)

/Pick up original hand hold.

- 35 Step back on right foot and rock on it
36 Step forward on left foot

REPEAT**MAN**

- 1 & 2 Shuffle in place - left, right, left
3 & 4 Shuffle in place - right, left, right (maintain hand contact as you)
5 Twist body slightly left to face LOD step back on left foot and rock on it
6 Step forward on right foot to face partner
7 & 8 Shuffle in place - left, right, left
9 & 10 Shuffle in place - right, left, right
11 Twist body slightly left to face LOD step back on left foot and rock on it
12 Step forward on right foot to face partner
13 & 14 Drop right hand, raise left hand to lead lady, move slightly left and shuffle in place - left, right, left
15 & 16 Move slightly right as you shuffle in place - right, left, right

/Lady makes a full turn. Do not pick up hands.

- 17 Step back on left foot and rock on it
18 Step forward on right foot
19 & 20 Raise left hand and shuffle forward left right, left to pass right shoulders behind the lady
21 & 22 Turn 1/2 to your right and shuffle back right, left, right to face inside of circle
23 Step back on left, foot and rock on it
24 Step forward on right foot
25 & 26 Raise left hand and shuffle forward left, right, left, to pass right shoulders behind the lady
27 & 28 Turn 1/2 to your left under raised hands and shuffle back - right, left, right to face outside of circle

/Do not pick up hands

29 Step back on left foot and rock on it

30 Step forward on right foot

31 & 32 Pull slightly with your left hand to lead the lady in a full turn left and drop hands, turn and shuffle toward
LOD - left, right, left

33 & 34 Shuffle forward - right, left, right

/Pick up original hand hold

35 Step back on left foot and rock on it

36 Step forward on right foot

REPEAT

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