

**ROCK, ROCK, TRIPLE, ROCK, ROCK, TRIPLE**

- 1 - 2 Rock forward on right angling right shoulder towards front wall, rock back on left (body at same angle)  
3 & 4 Triple step stepping on right-left-right with feet still apart as in place from the rocks and using hip movement  
5 - 6 Rock forward on left angling left shoulder towards front wall, rock back on right (body at same angle)  
7 & 8 Triple step stepping on left-right-left with feet still apart as in place from the rocks and using hip movement

**SIDE, BEHIND, CHA, CHA, CHA TO SIDE-TO RIGHT, THEN LEFT SIDES**

- 1 - 2 Straightening body to front wall step right to side, cross left behind right  
3 & 4 Step right to side, step left beside, step right to side (moves only slightly to side)  
5 - 6 Step left to side, cross right behind  
7 & 8 Step left to side, step right beside, step left to side, (moves only slightly to side)

**RIGHT HEEL, 1/4 TURN LEFT, LEFT HEEL, RIGHT HEEL TWICE, 1/4 TURN LEFT, LEFT HEEL, RIGHT HEEL, LEFT STEP FORWARD, 1/4 TURN RIGHT SYNCOPATED**

- 1 & 2 Touch right heel forward, turn 1/4 left stepping right beside left, touch left heel forward  
& 3 - 4 Step left beside right, touch right heel forward twice (facing 9:00)  
& Turn 1/4 left stepping right beside left (facing 6:00)  
5 & 6 Touch left heel forward, step left beside right, touch right heel forward  
& Step right beside left  
7 - 8 Step forward on left, turn 1/4 turn right keeping weight over left (facing 9:00)

**RIGHT TOE/HEEL (1/4 TURN RIGHT), RIGHT SHUFFLE TO FRONT, LEFT TOE-HEEL (1/2 TURN LEFT), LEFT SHUFFLE FORWARD**

- 1 - 2 Touch right toe pointing in towards left, turn 1/4 right and touch right heel forward  
3 & 4 Shuffle forward stepping right-left-right (facing 12:00)  
5 - 6 Touch left toe back, turn 1/2 left and touch left heel forward  
7 & 8 Shuffle forward stepping left-right-left (facing 6:00 wall)

**REPEAT**

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