

## Sweet & Easy Cha

32 Count, 4 Wall, Improver

Choreographer: Judith Campbell (NZ) June 2002

Choreographed to: Sweet & Easy, Soft & Slow by Charly McClain (117 bpm)

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### Intro: 24 counts

#### **ROLL TO R (Turn – turn) – SIDE SHUFFLE TO R – WALK WALK – SHUFFLE FWD:**

- 1 2 **Turning**  $\frac{1}{4}$  R step R to R ft fwd, turning  $\frac{1}{2}$  to R step back onto L ft.  
3&4 **Turning**  $\frac{1}{4}$  R shuffle to R side on R ft (RLR)  
5 6 Walk fwd on L, walk fwd on R  
7&8 Shuffle fwd on L ft (LRL)

#### **CROSS ROCK – CHA CHA CHA (TRIPLE) – CROSS ROCK – CHA CHA CHA:**

- 1 2 Cross/step R over L to L corner, recover onto L ft.  
3&4 Step R ft to R side, step L next to R, step R in place. (using hips)  
5 6 Cross/step L over R to R corner, recover onto R ft.  
7&8 Step L to L side, step R next to L, step L in place (using hips)

#### **ROCK FWD BACK - & BACK – WALK WALK – TOUCH TURN TOUCH:**

- 1 2&3 Step/rock fwd on R, recover onto L, step R next to L (&), step back on L.  
4 5 Walk back onto R ft, walk back onto L ft.  
6 7 8 Touch R ft to R side, turning  $\frac{1}{4}$  R bring R ft in next to L, touch L ft out to L side.

#### **CROSS SWEEP – CROSS SWEEP – CROSS SIDE – CROSS SCUFF:**

- 1 2 Step L across in front of R, sweep R ft around to front,  
3 4 Step R across in front of L, sweep L ft around to front.

#### **(Alternative for the above 4 counts–**

#### **cross L over R, touch R to R side, cross R over L, touch L to L)**

- 5 6 7 8 Step L across R, step R to R side, step L across R, scuff R ft fwd and out towards R.

### **Tag: There is a 16 count tag – This happens after the 2<sup>nd</sup> wall**

#### **4 Monterey turns with a $\frac{1}{4}$ turn each time:**

- 1 – 4 Touch R ft to R, turning  $\frac{1}{4}$  to R bring R ft next to L, touch L ft to L, close L to L.  
5 – 16 Repeat the above 4 counts three MORE times