

Be The First One

64 Count, 4 Wall, Intermediate

Choreographer: Gordon Elliott (Aus) Jan 2010

Choreographed to: I Want To Be The First One by

Darryl & Don Ellis, CD: No Sir (134bpm)

Introduction: 16 beats

1 Side, Behind, Side, Across, Side Shuffle, Back, Rock

1-2 Step right to side, cross left behind right

3-4 Step right to side, cross left over right

5&6 Chassé side right, left, right

7-8 Step left back, rock forward to right

2 Side, Behind, Side, Across, Side Shuffle, Back, Rock

1-2 Step left to side, cross right behind left

3-4 Step left to side, cross right over left

5&6 Chassé side left, right, left

7-8 Step right back, rock forward to left

3 Kick Ball Step, Kick Ball Step, Hip, Hip, Hip, Touch

1&2 Kick right forward, step right together, step left forward

3&4 Kick right forward, step right together, step left forward

5-6 Step right forward push hips forward, push hips back

7-8 Bump hips forward, touch left together

4 Kick Ball Step, Kick Ball Step, Hip, Hip, Hip, Touch

1&2 Kick left forward, step left together, step right forward

3&4 Kick left forward, step left together, step right forward

5-6 Step left forward push hips forward, push hips back

7-8 Bump hips forward, touch right together

5 Back Strut, Back Strut, Back Strut, Back Strut

1-2 Step right toe back, drop right heel (click fingers)

3-4 Step left toe back, drop left heel (click fingers)

5-6 Step right toe back, drop right heel (click fingers)

7-8 Step left toe back, drop left heel (click fingers)

6 Back, Rock, Paddle Turn, Paddle Turn, Paddle Turn

1-2 Step right back, rock forward to left

3-4 Step right forward, turn ¼ left (weight to left)

5-6 Step right forward, turn ¼ left (weight to left)

7-8 Step right forward, turn ¼ left (weight to left)

7 Across, Side, Sailor Step, Across, Side, Sailor Step

1-2 Cross right over left, step left to side

3&4 Right sailor step

5-6 Cross left over right, step right to side

7&8 Left sailor step

8 Rocking Chair, Side, Rock, Touch, Clap

1-2 Step right forward, rock back to left

3-4 Step right back, rock forward to left

5-6 Step right to side, side rock to left

7-8 Touch right together, clap