

FOOT SWITCHES, STOMP, CLAP; HIP ROLL, HIP BUMPS

- 1 & Touch right heel forward, & step right foot beside left
2 & Touch left heel forward, & step left foot beside right
3 - 4 Stomp right foot forward; hold & clap
5 - 6 Roll hips to the left
7 & 8 Bump hips back left, center, left

KICK-STEP-TOUCH WITH KNEE POPS, KICK-STEP-TOUCH WITH KNEE POPS; KNEE POPS

- 9 & Kick right foot forward, & step right foot beside left
10 Touch left toe slightly back to left, popping left knee straight while right knee bends. (same as quick hip bump back left, center. Weight will bounce onto right foot)
11 & Kick left foot forward, & step left foot beside right
12 Touch right toe slightly back to right popping right knee straight while left knee bends. (same as quick hip bump back right, center. Weight will bounce onto left foot)
13 Push right knee inward while straightening left knee
14 Pop right knee straight while left knee bends. (same as quick hip bump back right, center. Weight will bounce onto left foot)
15 Push right knee inward while straightening left knee
16 Pop right knee straight while left knee bends. (same as quick hip bump back right, center. Weight will bounce onto left foot)

STEP PIVOT TURN, ROCK STEP; ROCK STEP WITH DIP, COASTER STEP

- 17 - 18 Step right foot forward; turn 1/2 turn left onto left foot
19 - 20 Step right foot forward; rock back onto left foot
21 Step right foot forward while dipping down, bending knees
22 Rock back onto left foot straightening up
23 & 24 Step right foot back, step left foot beside right; step right foot forward

ROCK STEP FORWARD, ROCK STEP BACK; FORWARD ROLLING TURN, FORWARD SHUFFLE

- 25 - 26 Step left foot forward; rock back onto right foot
27 - 28 Step left foot back; rock forward onto right foot
29 Starting forward right rolling turn, turn 1/2 turn right stepping left foot back
30 Complete forward right roll turning 1/2 turn right stepping right foot forward
31 & 32 Shuffle forward left, right, left

REPEAT