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### **Be Prepared**

64 count, 2 wall, beginner/intermediate level Choreographer: Ross Brown (UK) Dec 2003 Choreographed to: Be Prepared by Original Cast from The Lion King Collection (120 bpm)

#### Intro/Count In16

#### POINT FORWARD RIGHT, LEFT, ROCK FORWARD, COASTER STEP

- 1-2 Point right foot forward, place right next to left.
- 3-4 Point left foot forward, place left next to right.
- 5-6 Rock forward with right, recover onto left.
- 7&8 Step back with right, place left next to right, step forward with right.

#### POINT FORWARD LEFT, RIGHT, ROCK FORWARD, COASTER STEP

- 9-10 Point left foot forward, place left next to right.
- 11-12 Point right foot forward, place right next to left.
- 13-14 Rock forward with left, recover onto right.
- 15&16 Step back with left, place right next to left, step forward with left.

#### HALF BOX, WALK FORWARD RIGHT, LEFT, RIGHT SHUFFLE, ROCK FORWARD

- 17-18 Cross step right over left, step back onto left turning an eighth right.
- 19-20 Walk forward right, left. (Facing 130)
- 21&22 Step forward with right, bring left up to right, step forward with right. (Facing 130)
- 23-24 Rock forward with left, recover onto right.

#### TURNING SHUFFLE, ROCK, WEAVE, POINT, CROSS STEP

- 25&26 Step left to the left turning an eighth left, step right next to left turning a quarter left, step left to the left turning another quarter left.
- 27-28 Rock right to the right, recover onto left.
- 29&30 Step right behind left, step left to the left, step right over left.
- 31-32 Point left to the left, step left over right.

#### (STEP, DRAG)X2, ROLLING VINE

- 33-34 Step right a big step right, drag left up to right.
- 35-36 Repeat steps 33-34
- 37-40 Step left to the left turning a quarter left, step forward with right turning a half left, step back onto left turning a quarter left, touch right next to left.

#### (STEP, DRAG)X2, ROLLING VINE

40-48 Repeat steps 33-40

## MONTEREY TURN, RIGHT HEEL FORWARD, LEFT HEEL FORWARD, RIGHT TOE BACKWARD, LEFT HEEL FORWARD

- 49-50 Touch right to the right, bring right back into left turning a half right.
- 51-52 Touch left to the left, place left next to right.
- 53&54& Touch right heel forward, place right next to left, touch left heel forward, place left next to right.
- 55&56& Touch right toe backward, place right next to left, touch left heel forward, place left next to right.

# MONTEREY TURN, RIGHT HEEL FORWARD, LEFT HEEL FORWARD, RIGHT TOE BACKWARD, LEFT HEEL FORWARD

57-64 Repeat steps 49-56