

RIGHT AND LEFT BOOT LIFTS

- 1,2 Scuff right foot forward; lift right foot beside left by bending knee (still in front)
3,4 Touch right heel in front; step right foot to center
5,6 Scuff left foot forward beside right; lift left foot (still in front)
7,8 Touch left heel in front; hitch (lift left foot still in front).

LUNGE FORWARD LEFT, RECOVER WEIGHT TO RIGHT

- 9 - 12 Lower left foot in place slowly leaning forward to left lunge for 4 counts
13 - 16 Straighten left leg as you slowly lean weight back onto right foot raising left foot into a hitch.

/Counts 9-16 are a slow lunge forward left and backward right with arms out as if for balance on a surf board. There is no forward movement. Shimmies, body rolls or any other movement is optional.

TWO 1/2 TURNS LEFT

- 17,18 Step forward on left foot; pivot 1/2 turn left on ball of left foot while lifting right foot off the floor
19,20 Step back on right foot; hitch left knee in front
21,22 Step forward on left foot; pivot 1/2 turn left on ball of left foot while lifting right foot off the floor
23,24 Step back on right foot; hitch left knee in front.

STEP-SLIDE, STEP-TOGETHER; SWIVELS

- 25,26 Step forward on left; slide right foot to left
27,28 Step forward on left; step right foot to left
29,30 Swivel both heels to right, then to center
31,32 Swivel both heels to left, then to center.

4 COUNT BODY TWIST, TWO 1/4 TURNS LEFT

- 33 - 36 Keeping feet in place and bending knees, twist down, down, up, up
37,38 Touch right toe forward; pivot 1/4 turn left on ball of left foot
39,40 Touch right toe forward; pivot 1/4 turn left on ball of left foot.

REPEAT