

Superwomen

32 Count, 4 Wall, Intermediate

Choreographer: Craig Bennett (UK) Sept 08

Choreographed to: Superwomen by Alicia Keys,

CD: As I Am

Sect 1 Side, Rock, Step ½ Turn, Step Forward, ½ Turn, ½ Shuffle

- 1-2& Step left to left side, Rock right behind, Recover onto left
3-4 Step forward onto right, make a ½ turn left
5-6 Step forward onto right, make a ½ turn right stepping back onto left
7&8 Half turn right, Stepping Right, Left, Right

Sect 2 Side Rock Back, Side Rock Back, Step Touch, Step Touch, 1/2 Turn Together

- 1-2& Step left to left side, Rock back onto right, recover onto left
3-4& Step right to right side, Rock back onto left, Recover onto right
5&6& Step left to left side, Touch right in place, Step right to right side, Touch left in place
7-8 Step forward onto left making a ¼ turn left, Make ¼ turn left as you step right in place

Sect 3 Side Rock, Step ½ Turn, ¼ Turn Step Touch, Step Touch, Side Cross Side

- 1-2& Step left to left side, Rock right behind, Recover onto left
3-4 Step forward on to right, ½ turn right stepping back onto left
5&6& ¼ turn right stepping right to right, touch left in place, Step left to left, touch right in place
7&8 Step right to right side, cross left over right, Step right to right side

Sect 4 Rock Back ¼, Cross Unwind, Rock Back, Side, Cross, Side

- 1&2 Rock back onto left, Recover forward onto right, step left a ¼ turn left
3&4 Step forward on right make ½ turn left, step right to side making ¼ turn right
5&6 Rock back onto left, Recover forward onto right, Step left to left side
7&8 Cross right over left, Step left to left side, Cross right over left

Start Again And Enjoy!