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Super Trooper Line Dance

24 Count, 4 Wall, Absolute Beginner

Choreographer: Dancemood Studio (Sept 2008)

Choreographed to: Super Trouper by ABBA,

CD: ABBA Gold and Others(128 bpm)

Start dancing on lyrics

WALK FORWARD X 3, TOUCH, WALK BACK X 3, TOUCH

1-4 Step right forward, step left forward, step right forward, touch left together

5-8 Step left back, step right back, step left back, touch right together

GRAPEVINE RIGHT, GRAPEVINE LEFT

1-4 Step right to the right, cross left behind right, step right to the right, touch left to right

5-8 Step left to the left, cross right behind left, step left to the left, touch right to left

STEP BACK RIGHT, LEFT, RIGHT

1-4 Step back right, step back left, step back right, touch left to right

ROCK FORWARD, ROCK BACK

5-8 Step left in place, rock back right, step left in place,

hitch right knee using the momentum of the hitch, turn yourself $\frac{1}{4}$ left to begin the dance again

Music download available from iTunes

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