

Super Girls

64 Count, 2 Wall, Intermediate

Choreographer: Ross Brown (UK) Oct 2014

Choreographed to: Super Girls by Mara feat. Michelle Guppy and Beto Perez (125 bpm)

Intro: 36 counts

S1: SIDE, HEEL SWIVELS or APPLEJACKS. BALL, CROSS. TAP, SIDE PRESS. BEHIND, SIDE, CROSS.

- 1 & 2 & 3 Step right to right, swivel left heel in, swivel left heel back, swivel right heel in, swivel right heel back
& 4 Step left next to right, cross step right over left.
& 5 - 6 Tap left toe to the left (shoulder width apart), press left to the left, recover onto right.
7 & 8 Cross step left behind right, step right to the right, cross step left over right. (12 o'clock)

Alternative: Counts 1 & 2 & 3 can be replaced with APPLEJACKS.

S2: TAP, SIDE PRESS. BEHIND, SIDE, STEP. HEEL SWIVEL. WALK BACK with KNEE POPS.

- & 1 - 2 Tap right toe to the right (shoulder width apart), press right to the right, recover onto left.
3 & 4 Cross step right behind left, step left to the left, step forward with right.
& 5 - 6 Swivel both heels to right, swivel both heels back, walk back with right popping left knee forward.
7 - 8 Walk back with left popping right knee forward, walk back with right popping left knee forward. (12)

S3: BALL, SIDE ¼ TURN L, DRAG. HIP BUMPS or KNEE PUSHES. SIDE ¼ TURN L, DRAG. HIP BUMPS or KNEE PUSHES.

- & 1 - 2 Step left next to right, make a ¼ turn left stepping right to the right, drag left up to right.
& 3 & 4 In a bumping fashion; lift left hip up, lower left hip, lift left hip up, lower left hip.
5 - 6 Make a ¼ turn left stepping left to the left, drag right up to left.
& 7 & 8 In a bumping fashion; lift right hip up, lower right hip, lift right hip up, lower right hip. (6 o'clock)

Alternative: Counts & 3 & 4 and & 7 & 8 can be replaced by pushing both knees forward twice.

S4: SIDE ¼ TURN L, DRAG. HIP BUMPS or KNEE PUSHES. BALL, STEP. STEP, PIVOT ½ TURN R, BACK ½ TURN R.

- 1 - 2 Step left next to right, make a ¼ turn left stepping right to the right, drag left up to right.
& 3 & 4 In a bumping fashion; lift left hip up, lower left hip, lift left hip up, lower left hip.
(See above Alternative)
& 5 Step left next to right, step forward with right.
6 - 7 - 8 Step forward with left, pivot a ½ turn right, make a ½ turn right stepping back with left. (3 o'clock)

S5: SIDE ¼ TURN R. WEAVE RIGHT. SIDE TOUCH, FLICK ¼ TURN L, STEP. LOCK, OUT, OUT.

- 1 - 2 Make a ¼ turn right stepping right to the right, cross step left over right.
& 3 & 4 Step right to the right, cross step left behind right, step right to the right, cross step left over right.
RESTART on wall 5: Restart after 36 Counts Facing BACK WALL.
& 5 - 6 Touch right toe to the right, make a ¼ turn left flicking right foot back, step forward with right.
7 & 8 Lock left foot behind right, step forward and out with right, step forward and out with left. (3 o'clock)

S6: "AROUND THE WORLD": (GRADUAL ¾ TURN R) CROSS, SIDE, BEHIND. BEHIND, SIDE, CROSS. X2.

- 1 & 2 Cross step right over left, step left to the left, cross step right behind left.
3 & 4 Make a ¼ turn right stepping left behind right, step right to the right, cross step left over right.
5 & 6 Make a ¼ turn right stepping right over left, step left to the left, cross step right behind left.
7 & 8 Make a ¼ turn right stepping left behind right, step right to the right, cross step left over right. (12)

S7: DIAGONAL STEP, DRAG. KNEE POP ¼ TURN L, KNEE POP. BALL, DIAGONAL STEP, DRAG. KNEE POP ¼ TURN L, KNEE POP.

- 1 - 2 Step right foot forward to right diagonal (1:30), drag left up to right.
3 - 4 Make a ¼ turn left popping right knee forward, return right knee to normal and pop left knee forward.
& 5 - 6 Step left next to right, step right foot forward to right diagonal (10:30), drag left up to right.
7 - 8 Make ¼ turn left popping right knee forward, return right knee to normal and pop left knee forward. (7:30)

S8: BALL, DIAGONAL STEP, DRAG. KNEE POP ¼ TURN L, KNEE POP. BALL, JAZZ BOX with CROSS

- & 1 - 2 Step left next to right, step right foot forward to right diagonal (7:30), drag left up to right.
3 - 4 Make a ¼ turn left popping right knee forward, return right knee to normal and pop left knee forward.
& 5-6-7-8 Step left next to right, cross right over left, step back on left, step right to right, cross left over right (6)