



Approved by:



Sunshine

4 WALL - 32 COUNTS - IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Cross rock, Chasse, Cross Rock, Triple Step 1/2 Turn		
1 - 2	Cross rock right over left. Recover onto left.	Cross Rock	On the spot
3 & 4	Step right to right side. Close left beside right. Step right to right side.	Side Close Side	Right
5 - 6	Cross rock left over right. Recover onto right.	Cross Rock	On the spot
7 & 8	Triple step 1/2 turn left, stepping - left, right, left. (6:00)	Triple Half	Turning left
Section 2	Syncopated Jazz Box Cross, Back Rock, Triple Full Turn		
1 - 2	Cross right over left. Step left back.	Cross Back	Back
& 3 - 4	Step right slightly to right side. Cross left over right. Step right to right side.	& Cross Side	Right
5 - 6	Rock left back. Recover onto right.	Back Rock	On the spot
7 & 8	Triple step full turn right forward, stepping - left, right, left. (6:00)	Full Turn	Turning right
Option	Replace full turn with Left shuffle forward.		
Section 3	Cross Mambo Step x 2, Step, Pivot 1/2, Kick Ball Change		
1 & 2	Cross rock right over left. Rock back onto left. Step right in place.	Cross Mambo	On the spot
3 & 4	Cross rock left over right. Rock back onto right. Step left in place.	Cross Mambo	
5 - 6	Step right forward. Pivot 1/2 turn left.	Step Half	Turning left
7 & 8	Kick right foot forward. Step right beside left. Step onto left in place. (12:00)	Kick Ball Change	On the spot
Section 4	Cross Mambo Step x 2, Step, Pivot 1/2, Step, Pivot 1/4		
1 & 2	Cross rock right over left. Rock back onto left. Step right in place.	Cross Mambo	On the spot
3 & 4	Cross rock left over right. Rock back onto right. Step left in place.	Cross Mambo	
5 - 6	Step right forward. Pivot 1/2 turn left.	Step Half	Turning left
7 - 8	Step right forward. Pivot 1/4 turn left. (3:00)	Step Quarter	

Choreographed by: Daniel Whittaker (UK) August 2008

Choreographed to: 'Sunshine' by Paul Bailey;

available as free download from www.paulbaileymusic.co.uk (start on vocals) (108 bpm).