

Sunday Shimmy

BEGINNER

32 Count 4 Walls

Choreographed by: Jill Palmer & Jodie Wilkinson

Choreographed to: Two Teardrops by Steve Wariner

HIP BUMPS, ROCK FORWARD, ROCK BACK

- 1 - 4 Bump hips right, left, right, left
5 & 6 Rock forward on right, rock back, coaster step
7 & 8 Rock forward on left, rock back, coaster step

GRAPEVINE, ROLLING GRAPEVINE, SHIMMIES

- 1 - 4 Step right forward step left behind right step right to right side, touch left to side of right
1 - 4 Turning over left shoulder, step left, step right, step left at the same time turning 3/4 turn left

SHIMMIES, KICK AND CROSS TWICE

- 1 & 2 Step left to left side shaking shoulders, (shimmy)
1 & 2 Step left to left side shaking shoulders, (shimmy)
1 & 2 Kick out right, cross left over right
1 & 2 Kick out right, cross left over right, rock out on right to right side

CROSS UNWIND, 3/4 TURN 1/2 TURNING TO LEFT

- 1 - 4 Cross right over left, unwind over left shoulder making 3/4 turn
1 & 2 Step forward on right making 1/2 turn over left shoulder
3 & 4 Stomp right foot to side of left and clap

REPEAT