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34 Counts Intro Start on vocals – On and On

- 1 ROCK BACK RECOVER, RIGHT CHASSE, CROSS ROCK RECOVER, LEFT CHASSE**  
1-2 Rock back on right, recover onto left  
3&4 Step right to right side, close left beside right, step right to right side  
5-6 Cross rock left over right, recover onto right  
7&8 Step left to left side, close right beside left, step left to left side
- 2 BACK SWEEP, BACK SWEEP, ROCK BACK, SHUFFLE**  
1-2 Step back on right, sweep left from front  
3-4 Step back on left, sweep right from front  
5-6 Rock back on right, recover onto left  
7&8 Step right forward, step left beside right, step right forward
- 3 CROSS ROCK, SHUFFLE ¼ TURN, FULL TURN FORWARD, SHUFFLE FORWARD**  
1-2 Cross rock left over right, recover onto right  
3&4 Make ¼ turn left stepping forward on left, step right beside left, step forward on left (9)  
5-6 Make ½ turn left stepping back on right, make ½ turn right stepping forward on left  
*Easier option : Walk forward right, walk forward left*  
7&8 Step forward on right, step left beside right, step forward on right
- 4 STEP PIVOT ¼ TURN, CROSS SHUFFLE, BACK, SIDE, CROSS SHUFFLE**  
1-2 Step forward on left, pivot ¼ turn (12)  
3&4 Cross left over right, step right to right side, cross left over right  
5-6 Step back on right, step left to left side  
7&8 Cross right over left, step left to left side, cross right over left
- 5 ROCK, RECOVER, BEHIND-SIDE, CROSS X2**  
1-2 Rock left to left side, recover onto right  
3&4 Cross left over right, step right to right side, cross left over right  
5-6 Rock right to right side, recover onto left  
7&8 Cross right behind left, step left to left side, cross right over left
- 6 STEP PIVOT ½ TURN, SHUFFLE ½ TURN, ROCK BACK, RECOVER, SHUFFLE FORWARD**  
1-2 Step forward on left, pivot ½ turn right (6)  
3&4 Shuffle ½ turn right stepping, - left, right, left (12)  
5-6 Rock back on right, recover onto left  
7&8 Step forward on right, step left beside right, step forward on right
- 7 MAMBO ½ TURN, ¼ TURN CHASSE, SAILOR STEP X 2**  
1&2 Rock forward on left, recover onto right, make ½ turn to left stepping left forward (6)  
3&4 Make ¼ turn to left stepping right to right side, step left beside right, step right to right side (3)  
5&6 Step left behind right, step right to right side, step left to left side  
7&8 Step right behind left, step left to left side, step right to right side
- 8 PIVOT ¼ TURN, CROSS, SIDE, SAILOR STEP, CROSS, SIDE**  
1-2 Step forward on left, pivot ¼ turn to right (6)  
3-4 Cross left over right, step right to right side  
5&6 Step left behind right, step right to right side, step left to left side  
7-8 Cross right over left, step left to left side
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