

Sugarfoot Shuffle

BEGINNER 35 Count Choreographed by: Kathy Stearns Choreographed to: Snap Your Fingers by Ronnie Milsap

Website: www.linedancerweb.com Email: admin@linedancerweb.com

SHUFFLE, SHUFFLE, WALK, WALK, REPEAT

- 1 & 2 Shuffle forward right-left-right
- 3 & 4 Shuffle forward left-right-left
- 5 6 Walk forward, right, left
- 7 12 Repeat 1-6.

STEP, HIP PUSHES, STEP, STEP, HIP PUSHES

- 13 Step forward on right foot to 1:00, weight on it. Right shoulder forward also. Feet should be parallel.
- 14 15 Keeping weight on right, do 2 hip pushes forward.
- 16 Step left in place, shifting weight to it.
- 17 Step back on right foot to 5:00, weight on it. Feet should be parallel.
- 18 19 Keeping weight on right, do 2 hip pushes to the back.

STEP LEFT, RIGHT, LEFT, TOUCH

20 - 23 MAN: Step left, right, left making a 1/4 turn to right. Touch right toe next to left. Man will be directly behind lady facing outside of circle.

LADY: Step left, right, left turning 3/4 left under the man's right arm. Touch right toe next to left.. Will face outside of circle.

STEP, WING, VINE LEFT, KNEE HUG WITH 1/4 TURN LEFT (BOTH)

- 24 25 Step right to right side. Touch left toe behind right foot (right wing)
- 26 Step left to left.
- 27 Cross right behind left.
- 28 Step left to left.
- 29 Bring right leg up to left in knee hug, pivoting 1/4 to left on ball of left.

SHUFFLE, HEEL, HOME, BALL CHANGE

- 30 & 31 Shuffle forward right-left-right
- 32 33 Touch left heel forward. Step left next to right.
- 34 With right, do a ball change: step back on ball of right putting weight on it. At same time, lift left off the floor.
- 35 Step down on left transferring weight to it again.

REPEAT

/If done as singles, dance side by side, no hand hold. Ladies do lady's part

(31309)

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 *charged at 10p per minute