

Sugar Dumping

32 Count, 2 Wall, Improver, ECS

Choreographer: Gwen Walker (US) January 2012

Choreographed to: Sugar Dumping by Sam Cooke

16 count intro (small steps work best with this line dance, great exercise line dance)

Right kick ball change X 2, forward rock recover, ¼ right triple.

- 1&2 Kick right foot forward, ball change right, recover weight to left.
3&4 Kick right foot forward, ball change right, recover weight to left.
5-6 Rock right foot forward, recover back to left foot.
7&8 Turn ¼ right, triple to side, right, left, right. (3:00)

Weave right, left cross rock, left side triple.

- 1-4 Cross left over right, right to side, left behind right, step right to side.
5-6 Cross rock left over right, recover weight to right.
7&8 Side triple to left, left, right, left.(3:00)

Heel switches, step ½ turn, sway forward, back x2.

- 1&2&3-4 Place right heel forward, step right beside left, place left heel forward, step left beside right, step right foot forward, ½ turn to left, weight on left foot.(9:00)

- 5-8 Sway (with weight changes) forward on right, back on left, Twice(9:00)

Easy Option Replace heel switches with rock forward on right, recover, rock back on right recover, right step ½ turn left, sway forward back once.

Triple forward, left rock recover, left coast, step ¼ turn.

- 1&2 Right triple forward, right, left, right.
3-4 Rock forward onto left, recover to right
5&6 Coaster step, step left foot back, bring right back beside left, step left foot forward.
7-8 Step right foot forward, ¼ turn to left ending with weight on left.(6:00)

Repeat

Ending Song ends at the start of section 4, triple forward right, step left ¼ turn to right to face front wall. Thank you.

Note Practice songs for learning steps:
Rolling in the Deep by Adele
I Can Take it From There by Chris Young