

Section 1: Mambo Rock - Triple \hat{A} $\frac{1}{2}$ Turn - Step \hat{A} $\frac{1}{4}$ - Weave Right

- 1 & 2 Left Rock Forward, Recover Onto Right, Step Left Back.
3 & 4 Turn \hat{A} $\frac{1}{2}$ Right, Stepping (Right-Left-Right)
5 & 6 Step Left Forward, Pivot \hat{A} $\frac{1}{4}$ Right, Cross Left Over Right
& 7 & 8 Step Right To Right Side, Step Left Behind Right, Step Right To Right Side, Cross Left Over Right
& Recover The Weight Back On The Right Foot

Section 2: Night Club Basic - Side - Behind - \hat{A} $\frac{1}{4}$ Left - Step Forward - Pivot \hat{A} $\frac{1}{2}$ - Step Forward

- 1 - 2 & Long Side Step Left, Rock Right Behind Left, Recover Weight Onto Left
3 - 4 & Long Side Step To Right, Rock Left Behind Right, Recover Weight Onto Right
5 & 6 Step Left To Left Side, Cross Right Behind, Turn 1/4 Stepping Left Forward
7 & 8 Step Right Forward, Pivot 1/2 Left, Step Right Forward

Section 3: Walk - Walk - Scuff Hitch Step - Mambo Rock - Step Back - Point

- 1 - 2 Walk Forward Left, Walk Forward Right
3 & 4 Scuff Left Forward, Hitch Left Knee (Coming Up On Right Toe For Styling), Step Left Forward
5 & 6 Rock Right Forward, Recover Weight Onto Left, Step Back On Right
7 - 8 Step Back On Left (Placing It Slightly Behind Right foot on Diagonal Angle), Point Right To Side

Section 4: Heel Jack- Cross - Side - Step/Sweep - Cross- Turn \hat{A} $\frac{1}{4}$ - Coaster Step

- 1 & 2 Cross Right Over Left, Step Left To Left Side, Touch Right Heel Forward
& 3 - & Step Right Beside Left, Cross Left Over Right, Step Right To Right Side
4 Step Left Foot In Place While Sweeping Right Foot Round In Front Of Left (with a little flick for style)
5 - 6 Cross Right Over Left, 1/4 Turn Stepping Back Onto Left
7 & 8 Step Right Back, Step Left Together, Step Right Forward

ending On final wall, facing 9.00 your on section 3.. step back turning \hat{A} $\frac{1}{4}$ to the front and end with right toe pointed to side

Be students-Be teachers-Be politicians-Be preachers-Be believers-Be leaders-Be astronauts-Be champions-Be true seekers - Be yourself

note: My 15 year old daughter left a post-it on my PC saying "Mum you need to write a dance to this track" I
note: fell in love with the music, you can almost feel the song 'breathing'. Don't rush the dance, enjoy it and get lost in the music , like my daughter and I did.. This is a high improver level dance, but if you like the feel of the routine and want to make it more challenging there are a few extra tips on the tail end of the video..

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