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Strut 'n' Run

INTERMEDIATE

64 Count 4 Walls

Choreographed by: Janette Marie Trotter Choreographed to: The Pascagoula Run by Jimmy Buffett

STEP FULL TURN WITH TOUCHES Step left foot forward, pivot 1/4 turn to right on left foot and touch the right toe beside left foot 1 - 2 Step right foot 1/4 turn to right and touch left toe beside right foot 3 - 4 Turn 1/2 turn right on right foot and step back onto left foot, touch the right toe beside left foot 5 - 6 7 - 8 Step back onto right foot and touch the left toe beside right foot **SLOW SHUFFLES FORWARD** 9 - 12 Step left foot forward, close right foot beside left foot, step left foot forward, scuff right foot forward 13 - 16 Repeat steps 9-12 leading with right foot **STRUTS & SCUFFS** 17 - 20 Step left toe forward and slap heel onto floor, repeat with right foot 21 - 24 Scuff left foot forward and up, tap right heel on floor, step back onto left toe and slap heel onto floor **STRUTTING 3/4 TURN** 25 - 28 Step right toe 1/4 turn left and slap heel onto floor, step left toe 1/4 turn left and slap left heel onto floor 29 - 32 Step right toe 1/4 turn left and slap heel onto floor, scuff left foot forward beside right foot and tap right heel on the floor **STRUTS & BACKWARD SLIDES** 33 - 36 Step left toe forward and slap heel onto the floor, repeat with right foot 37 - 38 With left foot off the floor, slide right foot backward twice, along the floor to where you started Section 5, while bringing the left foot forwards through the air 39 - 40 Step left toe forward and slap left heel onto floor **SLOW ROLLING GRAPEVINE TO RIGHT** 41 - 42 Step right foot to right and scuff left foot forward beside right foot 43 - 44 Turn 1/2 turn to right on right foot and step left foot to left, scuff right foot backward beside left foot 45 - 46# Turn 1/2 turn to right on left foot and step right foot to right, and touch left foot beside right foot# 47 - 48* *Step left foot long step to left, sliding right foot along the floor into a slight hitch* "SLOW" FULL TURN, POINT & STRUT 49 - 50* *Step right foot across left, turning 1/4 turn to left* 51 - 52 Pivot 3/4 turn to left, weight starting on right foot and transferring to left at the end of the turn 53 - 54 Bring right foot out from behind left foot and point to right side, then hitch the right knee across the left 55 - 56 Point right toe to right side, slap right heel onto floor, transferring weight across to right foot and at the same time raising left heel from the floor **HEEL TAPS, ROCK & SCUFF** 57 - 60 Hold for 1 count, then tap left heel to floor 3 times Hold for 1 count, rock weight backwards onto left foot, forwards onto right foot and scuff left foot 61 - 64 forwards