

Strut

ABSOLUTE BEGINNER

32 Count 2 Walls

Choreographed by: Sheridan Gill

Choreographed to: Strut by Adam Lambert

Section 1 Side Strut Right, Left Cross Strut, Chasse Right, Back Rock

- 1 - 2 Step right toe to right side, drop right heel taking weight
3 - 4 Cross left toe over right, drop left heel taking weight
5 & 6 Step right to right side, close left beside right, step right to right side.
7 - 8 Rock back on left, recover onto right

Section 2 Side Strut Left, Right Cross Strut, Chasse Left, Back Rock

- 9 - 10 Step left toe to left side, drop left heel taking weight
11 - 12 Cross right toe over left, drop right heel taking weight
13 & 14 Step left to left side, close right beside left, step left to left side
15 - 16 Rock back on right, recover onto left

Section 3 Forward Rock, Right and Left Back Struts, Back Rock

- 17 - 18 Rock forward on right, recover onto left
19 - 20 Step right toe back, drop right heel taking weight
21 - 22 Step left toe back, drop left heel taking weight
23 - 24 Rock back on right, recover onto left

Section 4 Right and Left Forward Shuffles, Step, Pivot 1/2 Turn, Walk x 2

- 25 & 26 Step forward on right, close left beside right, step forward on right
27 & 28 Step forward on left, close right beside left, step forward on left
29 - 30 Step forward on right, pivot 1/2 turn left (weight on left)
31 - 32 Walk right, left