

Strictly Disco

48 Count, 4 Wall, Intermediate

Choreographer: Gary Lafferty (UK) Aug 10
Choreographed to: You Should Be Dancing by
The Bee Gees (124bpm)

32-count intro

- 1 Syncopated Grapevine To Right; Left Sailor ¼ Turn, Step Forward, ½ Turn Back**
1-2 Step to Right to Right foot, cross-step Left foot behind Right
& Step to Right on Right foot
3-4 Cross-step Left foot over Right, step to Right on Right foot
5&6 Left sailor step making ¼ turn to Left (9 o'clock)
7-8 Step forward on Right, turn ½ Right stepping back on Left foot (3 o'clock)
- 2 Back-Lock-Back, & Touch, Hold; & Rock Forward, Recover, Left Coaster Step**
1&2 Step back on Right foot, lock-step Left foot over Right, step back on Right foot
&3-4 Step back on Left foot, touch Right foot forward, hold
&5-6 Step on Right foot beside Left, rock forward on Left foot, recover weight back onto Right foot
7&8 Step back on Left foot, step on Right foot beside Left, step forward on Left foot
- 3 Step, Lock, & Step, Lock; & Walk, Walk, Anchor ¾ Turn**
1-2 Step diagonally-forward Right on Right foot, lock-step Left foot behind Right
& Step slightly forward on Right foot
3-4 Step diagonally-forward Left on Left foot, lock-step Right foot behind Left
& Step slightly forward on Left foot
5-6 Step forward on Right foot, step forward on Left foot
7&8 Triple-step in place (stepping Right, Left, Right) making ¾ turn over Right shoulder (12 o'clock)
- 4 Step Left, Touch Behind, Step Right, Touch Behind; Touch Across, Behind, Kick-Ball-Step**
1-2 Step to Left on Left foot, cross-touch Right foot behind Left
3-4 Step Right foot out to Right side, cross-touch Left foot behind Right
5-6 Cross-touch Left foot diagonally-forward Left, cross-touch Left foot behind Right
7&8 Kick Left foot forward, step down on Left foot beside Right, small step forward on Right foot
- 5 Kick-Ball-Step, Left Mambo; Slide With Hip Push, Step; Slide With Hip Push, Step**
1&2 Kick Left foot forward, step down on Left foot beside Right, small step forward on Right foot
3&4 Rock forward on Left foot, recover weight back onto Right foot, step back on Left foot
5 Slide Right foot back (towards Right back diagonal) pushing Right hip up
6 Slide Right foot beside Left taking weight
7 Slide Left foot back (towards Left back diagonal) pushing Left hip up
8 Slide Left foot beside Right taking weight
- 6 Swivel Walk Forward, Cross & Heel; & ¾-Turn Walk Around, Touch Behind**
1 Step Right foot forward towards Right diagonal with toes turned out
2 Step Left foot forward towards Left diagonal with toes turned out
3&4 Cross-step Right foot over Left, small step to Left on Left foot, touch Right heel diagonally forward Right
& Step down onto Right foot
5-7 Make ¾ turn over Right shoulder walking Left, Right, Left
8 Cross-touch Right foot behind Left

Floor Splits: "Ten Out Of Ten" or "Closer" or "Tennessee Waltz Surprise"
