

**B-bop Swing****BEGINNER**

64 Count

Choreographed by: Chris Hodgson  
Choreographed to: Bop by Dan Seals**BASIC EAST COAST SWING PATTERN**

- 1 Step right foot forward  
& Step left foot behind right heel  
2 Step right foot forward  
3 Step left foot back  
& Step right foot to left instep  
4 Step left foot back  
5 Step right foot behind left heel staying on ball of right foot and lifting left heel one inch off floor  
6 Return weight to left foot

**BASIC EAST COAST SWING PATTERN**

- 7 Step right foot forward  
& Step left foot behind right heel  
8 Step right foot forward  
9 Step left foot back  
& Step right foot to left instep  
10 Step left foot back  
11 Step right foot behind left heel staying on ball of right foot and lifting left heel one inch off floor  
12 Return weight to left foot

**HEEL SWITCHES**

- 13 Touch right heel forward  
& Step on right foot in place  
14 Touch left heel forward  
& Step on left foot in place  
15 Touch right heel forward  
16 Touch right heel forward

**HEEL SWITCHES**

- & Step on right foot in place  
17 Touch left heel forward  
& Step on left foot in place  
18 Touch right heel forward  
& Step on right foot in place  
19 Touch left heel forward  
20 Touch left heel forward

**BASIC EAST COAST SWING PATTERN**

- 21 Step left foot forward  
& Step right foot behind left heel  
22 Step left foot forward  
23 Step right foot back  
& Step left foot to right instep  
24 Step right foot back  
25 Step left foot behind right heel staying on ball of left foot and lifting right heel one inch off floor  
26 Return weight to right foot

**BASIC EAST COAST SWING PATTERN**

- 27 Step left foot forward  
& Step right foot behind left heel  
28 Step left foot forward  
29 Step right foot back  
& Step left foot to right instep  
30 Step right foot back  
31 Step left foot behind right heel staying on ball of left foot and lifting right heel one inch off floor  
32 Return weight to right foot

**HEEL SWITCHES**

33 Touch left heel forward  
& Step on left foot in place  
34 Touch right heel forward  
& Step on right foot in place  
35 Touch left heel forward  
36 Touch left heel forward

### **HEEL SWITCHES**

& Step on left foot in place  
37 Touch right heel forward  
& Step on right foot in place  
38 Touch left heel forward  
& Step on left foot in place  
39 Touch right heel forward  
40 Touch right heel forward

### **TURNING 1/2 RIGHT BASIC EAST COAST SWING PATTERN**

41 Step forward on right foot  
& Step left foot behind right heel  
42 Step forward on right foot making 1/2 turn to right  
43 Step back on left foot  
& Step right foot to left instep  
44 Step back on left foot  
45 Step right toe back behind left heel staying on ball of right foot and lifting left heel one inch off floor  
46 Return weight to left foot

### **TURNING 1/2 RIGHT BASIC EAST COAST SWING PATTERN**

47 Step forward on right foot  
& Step left foot behind right heel  
48 Step forward on right foot making 1/2 turn to right  
49 Step back on left foot  
& Step right foot to left instep  
50 Step back on left foot  
51 Right toe back behind left heel staying on ball of right foot and lifting left heel one inch off floor  
52 Return weight to left foot

### **TWO FORWARD SHUFFLES (RIGHT, LEFT)**

53 Step forward on right foot  
& Step on left foot beside right  
54 Step forward on right foot  
55 Step forward on left foot  
& Step on right foot beside left  
56 Step forward on left foot

### **STEP, 1/2 TURN, STEP, 1/4 TURN**

57 Step forward on right foot  
58 Pivot 1/2 turn left  
59 Step forward on right foot  
60 Pivot 1/4 turn left

### **JAZZ BOX**

61 Cross-step right foot over left  
62 Step back on left foot  
63 Step to right on right foot  
64 Step on left foot next to right

### **REPEAT**