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Stomping It Out Aka Stomp It Out, Stomp Along

32 Count, 4 Wall, Improver

Choreographer: Silke C. Henke (Can) July 2001

Choreographed to: Goin Through The Big D by Mark Chesnutt
(176 bpm) Greatest Hits; Setting The Woods On Fire by The
Tractors (172 bpm); Horsing Around by Dave Sheriff

Start dancing on lyrics

RIGHT TOE TOUCHES, KNEE LIFTS, STOMPS, & CLAPS (8 COUNTS)

- 1 Touch right side
- 2 Raise right knee toward waist and across left leg & clap
- 3 Touch right side
- 4 Raise right knee toward waist and across left leg & clap
- 5 Stomp right forward
- 6 Stomp left forward
- 7&8 Clap twice

LEFT TOE TOUCHES, KNEE LIFTS, STOMPS & CLAPS (8 COUNTS)

- 9 Touch left side
- 10 Raise left knee toward waist and across right leg & clap
- 11 Touch left side
- 12 Raise left knee toward waist and across right leg & clap
- 13 Stomp left forward
- 14 Stomp right forward
- 15&16 Clap twice

STEP, SLIDE, STEP, STOMP, HEEL LIFTS, HEEL SPLIT (8 COUNTS)

- 17 Step right forward
- 18 Drag left foot up to right
- 19 Step right forward
- 20 Stomp left foot next to right (weight even)
- 21 Lift up on toes & tap heels on floor
- 22 Lift up on toes & tap heels on floor
- 23 Split heels out (toes together, heels spread)
- 24 Bring heels home (pigeon toes)

RIGHT GRAPEVINE, LEFT GRAPEVINE WITH ¼ TURN LEFT

- 25 Step right side
- 26 Cross left behind
- 27 Step right side
- 28 Stomp left together
- 29 Step left side
- 30 Cross right behind
- 31 Turn ¼ left foot
- 32 Touch right together

Horsing Around track –Section 3 –

Counts 1-4 - hold arms out in front as if holding reins and pull in twice.

Counts 7-8 – raise elbows out as though going over a jump.
