

Section 1 Stamp, Kick: Coaster Step: Touch Front, Side: Cross Shuffle

1 2 Stamp left foot (1) Kick left forward (2)
3 & 4 Step back on left (3) Step right with left (&) Step forward on left (4)
5 6 Touch right in front of left (5) Touch right to right side (6)
7 & 8 Cross right over left (7) Step left to side (&) Cross right over left (8)

Section 2 Stamp, Kick: Sailor Turn: Rock Forward & Side: Behind Side Cross

1 2 Stamp left foot (1) Kick left forward (2)
3 & 4 Step left behind right (3) Turn 1/4 left step back on right (&) Turn 1/4 left step left to side (4)(6:00)
5 & 6 & Rock right over left (5) Recover on left (&) Rock right to right side (6) Recover on left (&)
7 & 8 Step right behind left (7) step left to side (&) Cross right over left (8)

Section 3 Stamp, Kick: Triple Turn: Pivot Turn: Side Chasse

1 2 Stamp left foot (1) Kick left forward (2)
3 & 4 Turn 1/4 left on left (3) Turn 1/2 left back on right (&) Turn 1/2 left forward on left (4)(3:00)(Or 1/4 shuffle left)
5 6 Step forward on right (5) Pivot 1/2 turn left(Weight on left) (6)(9:00)
7 & 8 Step right to side (7) Step left with right (&) Step right to side (8)

Section 4 Stamp, Kick: Step Lock Back: Sway R, L: Kick Out, Out

1 2 Stamp left foot (1) Kick left forward (2)
3 & 4 Step back on left (3) Cross right over left (&) Step back on left (4)
5 6 Step right to side swaying right (5) Sway back on left (6)
7 & 8 Kick right forward (7) Step right out to side (&) Step left out to side (8)

Section 5 Stamp, Kick: Side, Together, Cross: Back, Turn: Rock & Step

1 2 Stamp right foot (1) Kick right forward (2)
3 & 4 Step right to side (3) Step left with right (&) Cross right over left (4)
5 6 Step back on left (5) Turn 1/4 right step right to side (6)(12:00)
7 & 8 Rock left over right (7) Recover on right (&) Step left to side (8)

Section 6 Stamp, Kick: Side, Together, Forward: Rock, Recover: Back, Turn, Step

1 2 Stamp right foot (1) Kick right forward (2)
3 & 4 Step right to side (3) Step left with right (&) Step forward on right (4)
5 6 Rock forward on left (5) Recover on right (6)
7 & 8 Step back on left (7) Turn 1/4 right step right to side (&) Step forward on left (8)(3:00)

Section 7 Stamp, Kick: Point & Point: Touch & Touch &: Shuffle Turn

1 2 Stamp right foot (1) Kick right forward (2)
3 & 4 Point right to side (3) Step right with left (&) Point left to side (4)
5 & 6 & Touch left forward (5) Step left with right (&) Touch right forward (6) Step right with left (&)
7 & 8 Turn 1/4 left forward on left (7) Step right with left (&) Turn 1/4 left step forward on left (8)(9:00)

Section 8 Stamp, Kick: Cross, Turn, Cross: Back, Turn: Step, Turn, Sweep

1 2 Stamp right foot (1) Kick right forward (2)
3 & 4 Cross right over left (3) Turn 1/4 left back on left (&) Cross right over left (4)(6:00)
5 6 Step back on left (5) Turn 1/2 right step forward on right (6)(12:00)
7 & 8 Step forward on left (7) Pivot 1/2 turn right (&) On ball of right turn 1/4 right sweeping left round to front (8)(9:00)