

Stay Out Of My Arms

32 Count, 4 Wall, Improver

Choreographer: Shirley Blankenship (USA) Oct 2013

Choreographed to: Stay Out Of My Arms by George Strait
(122 bpm), CD: Strait Out Of The Box (iTunes)

Start dancing on lyrics

FORWARD SHUFFLES, RIGHT, LEFT, ½ LEFT, FORWARD RIGHT SHUFFLE

- 1&2 Chassé forward right-left-right
- 3&4 Chassé forward left-right-left
- 5-6 Step right forward, turn ½ left (weight to left)
- 7&8 Chassé forward right-left-right

ROCK, RECOVER, SHUFFLE BACK LEFT, ROCK, FORWARD RIGHT SHUFFLE

- 1-2 Rock left forward, recover to right
- 3&4 Chassé back left-right-left
- 5-6 Rock right back, recover to left
- 7&8 Chassé forward right-left-right

TURN ¼ RIGHT, FORWARD SHUFFLE RIGHT, ROCK, LEFT COASTER

- 1-2 Step left forward, turn ¼ right (weight to left)
- 3&4 Chassé forward right-left-right
- 5-6 Rock left forward, recover to right
- 7&8 Left coaster step

SIDE ROCK, RECOVER, CROSS SHUFFLE, (RIGHT AND LEFT)

- 1-2 Rock right side, recover to left
- 3&4 Crossing chassé right-left-right
- 4-5 Rock left side, recover to right
- 7&8 Crossing chassé left-right-left