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Standing In The Shadow

32 Count, 4 Wall, Intermediate Choreographer: Craig Bennett (UK) March 2010 Choreographed to: One More Lie (Standing In The Shadow Of Love) by Craig David, CD Single

| 1-8 1-2 3&4 5&6 7&8 | Step Out, Out, Swivel Right, Kick and point, Sailor ¼ turn Step right foot forward, Step left foot forward (slightly apart) Swivel right heal in, Swivel out, Swivel in Kick right foot forward, Step right next to left, Touch left to left side Step left behind right, Make ¼ left stepping right to right side, Step left to left side (9.00) |
|---|---|
| 9-16 1-2, 3 4-5, 6 7-8 | Jazz Box 1/4, Jazz Box 1/4, Cross rock recover Cross right over left, Make ¼ turn right stepping back onto left, Step right to right side (12.00) Cross left over right, Make ¼ left stepping back onto right, Step left to left side (9.00) Rock right over left, Recover back onto left |
| 17-24 1-2 3-4 5&6 7&8 | ¼, Step 1/2, ¼ Side, Touch and cross, Hold and Cross Make ¼ right stepping forward onto right, Step forward onto left ½ turn pivot right, ¼ turn stepping left to left side Touch right toe next to left, Take weight onto right, Cross left over right Hold, Step right to right side, Cross left over right |
| 25- 32 1-2 3&4 5-6 7&8 | Rock recover, Behind ¼ step, Left rock recover, ¾ shuffle Rock right to right side, Recover onto left Step right behind left, Step left foot forward making ¼ turn left, step forward right Rock forward onto left, Recover back onto right ¼ turn left stepping left, ¼ turn left stepping right to right, ¼ turn left stepping left to left |
| Tag: 1-2 3-4 | After wall 9 Step right foot forward slightly out, Step left foot forward slightly out Step right foot back in place, Step left foot back in place |

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