
RIGHT HEEL TOUCHES, COASTER STEP, LEFT HEEL TOUCHES, COASTER STEP

- 1-2 Touch right heel slightly forward twice
3&4 Step right back, step left together, step right forward
5-6 Touch left heel slightly forward twice
7&8 Step left back, step right together, step left forward

LOCK STEPS FORWARD, HITCH & STEP RIGHT, LEFT, RIGHT, LEFT

- 1&2 Step forward right, cross left behind right, step right forward
3&4 Step forward left, cross right behind left, step left forward
5& Hitch right knee, step right back
6& Hitch left knee, step left back
7& Hitch right knee, step right back
8& Hitch right knee, step left together

LOCK STEPS FORWARD, 2 X ¼ TURN LEFT

- 1&2 Step forward right, cross left behind right, step right forward
3&4 Step forward left, cross right behind left, step left forward
5-6 Step right forward, ¼ turn left (weight on left)
7-8 Step right forward, ¼ turn left (weight on left)