STEPPIN'OFF



THEPage



Approved by:

Stand By Me Cha

4 WALL - 32 COUNTS - ADVANCED			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Back, Back Rock, Cross, Side, Behind, Back, Back Lock x 2		
1 - 3	Step left back. Rock right back to right diagonal. Recover onto left.	Back Rock Back	Back
4 & 5	Cross step right over left. Step left to side. Cross right behind left.	Cross Side Behind	Left
6	Step left back.	Back	Back
7 &	Step right back to right diagonal. Cross lock left across right.	Back Lock	
8 &	Step right back to right diagonal. Cross lock left across right.	Back Lock	
Section 2	Back, Behind, Sweep Behind, Side Rock, 1/4 Left, Step, Step Locks Forward		
1 - 2	Step right back to right diagonal. Cross left behind right.	Back Behind	Back
3	Sweep right foot around and cross behind left.	Behind	
4 & 5	Rock left to side. Recover onto right. Turn 1/4 left stepping left beside right.	Rock & Turn	Turning left
6	Step right forward.	Step	Forward
7 &	Step left forward. Lock right behind left.	Left Lock	
8 &	Step left forward. Lock right behind left.	Left Lock	
Section 3	Step, Forward Rock, Back, 1/2 Left, Step, Forward Rock, Back, 1/2 Right, Step		
1 - 3	Step left forward. Rock right forward. Recover onto left.	Step Forward Rock	Forward
4 & 5	Step right back. Turn 1/2 left and step left forward. Step right forward.	Back Turn Step	Turning left
6 - 7	Rock left forward. Recover onto right.	Forward Rock	On the spot
8 & 1	Step left back. Turn 1/2 right and step right forward. Step left forward.	Back Turn Step	Turning right
Section 4	Step, Pivot 1/2, Forward Shuffle, Turning Syncopated Rocking Chair 1/2 Turn		
2 - 3	Step right forward. Pivot 1/2 turn left.	Step Pivot	Turning left
4 & 5	Step right forward. Close left beside right. Step right forward.	Right Shuffle	Forward
6 & 7	Cross rock left over right. Recover onto right. Turn 1/4 right rocking left back.	Cross Rock Turn	Turning right
&8&	Recover onto right. Cross rock left over right. Turn 1/4 right recovering onto right.	& Rock Turn	
Note	Rocking chair is a gradual 1/2 turn right, rocking forward & back & forward &		

Choreographed by: Masters In Line (UK) March 2007.

Choreographed to: 'Stand By Me' by Lemon Ice (108 bpm) from CD Single, or Songs For My Valentine or available as download.