

## Stand

32 Count, 4 Wall, Intermediate  
Choreographer: Stacey Breed (Aus) April 2012  
Choreographed to: Stand by Rascal Flatts

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Introduction: Starts on the word '*Like*' (16 counts)

- 1&2 Cross R over L, rock L to L side, replace weight on R  
3&4 Cross L over R, turning ¼ L step back on R, turn ¼ L stepping L to L side (6 o'clock)  
5&6 Cross R over L, rock L to L side, replace weight on R  
7&8 Cross L over R, step R beside L turning ¼ L, step L fwd taking weight onto L (3 o'clock)
- 1 2 Step fwd on R pivot ½ turn L, take weight fwd onto L  
3&4 Turn ½ L, shuffle back R L R  
&5 6 Step back onto L, cross R over L, Step L back  
7&8 Turn ½ R stepping weight fwd onto R, step fwd onto L turning 1/2 turn R, taking weight fwd on R (3:00)
- \*1&2 Shuffle fwd L R L  
3&4 Turn ½ L while shuffling back R L R (9 o'clock)  
&5&6 Step L back taking weight onto L, touch R heel fwd, take weight onto R, touch L beside R  
7 8 Step fwd on L, Sweep R to R side (keeping weight on L)
- 1&2 Step R fwd, step L together, step R back  
3&4 Turn 1 ½ backwards over L shoulder stepping L R L (finishing with weight on L, 3 o'clock)  
5 6& Rock R to R side, replace weight onto L, step R beside L  
7 8& Rock L to L side, replace weight onto R, step L beside R

**RESTARTS:** At the end of walls 2 and 6 (both 6 o'clock), repeat counts 17-32 (second half of the dance) then restart