

St Patrick's Reel

Phrased, 4 Wall, Improver

Choreographer: Syndie Berger (FR) Oct 2012

Choreographed to: The Reel by Secret Garden,
CD: Earthsongs (iTunes)

Sequence:AAAA, BBBB, AAAA, A(17-32), A, Final (4 counts)

Start dancing on lyrics

PART A

SAILOR STEP RIGHT, CROSS/HITCH & CROSS/HITCH &, HEEL SWITCHES, POINT SIDE, CLAP TWICE

- 1&2 Cross right behind left, step left side, step right side
- 3& Cross left behind right (bend left knee and hitch right knee), step right side
- 4& Cross left behind right (bend left knee and hitch right knee), step right side
- 5&6& Touch left heel forward, step left together, touch right heel forward, step right together
- 7&8 Touch left side, clap, clap

SAILOR STEP LEFT, CROSS/HITCH & CROSS/HITCH &, HEEL SWITCHES, CLAP TWICE

- 1&2 Cross left behind right, step right side, step left side
- 3& Cross right behind left (bend right knee and hitch left knee), step left side
- 4& Cross right behind left (bend right knee and hitch left knee), step left side
- 5&6& Touch right heel forward, step right together, touch left heel forward, step left together
- 7&8 Touch right heel forward, clap, clap

RIGHT TRIPLE STEP FORWARD, PADDLE FULL TURN LEFT, SAILOR STEP TURN ½ RIGHT (OR EASIER, PADDLE ½ TURN)

- 1&2 Chassé forward right-left-right
- 3& Turn ½ left (weight to left), step right slightly side
- 4& Turn ¼ left (weight to left), step right slightly side
- 5& Turn ¼ left (weight to left), step right slightly side
- 6 Step left forward
- 7&8 Rock right forward, recover to left, turn ½ right and step right forward

LEFT TRIPLE STEP FORWARD, PADDLE FULL TURN RIGHT, SAILOR STEP TURN ¼ LEFT

- 1&2 Chassé forward left-right-left
- 3& Turn ½ right (weight to right), step left slightly side
- 4& Turn ¼ right (weight to right), step left slightly side
- 5& Turn ¼ right (weight to right), step left slightly side
- 6 Step right forward
- 7&8 Rock left forward, recover to right, turn ¼ left and step left side

PART B

FORWARD RIGHT MAMBO, BACK LEFT MAMBO, SCUFF HITCH STEP, STOMP ¼ LEFT, CLAP TWICE

- 1&2 Rock right forward, recover to left, step right back
- 3&4 Rock left back, recover to right, step left forward
- 5&6 Brush right forward, hop left forward and hitch right knee, step right forward
- 7&8 Turn ¼ left and stomp left forward, clap, clap

ENDING

- 1-2 Touch right back, unwind ½ right (weight to right)
- 3&4 Brush left forward, step left forward, touch right back